



MEMORY CAFE

Early Stage Memory Cafés

Memory Café is a safe and relaxed place where people with early-stage memory loss, their families, friends and health professionals can come together for a unique blend of education and social interaction. It is a forum where people can share experiences and socialize. Anyone affected by early-stage memory loss is welcome to attend. Attendance is free and your RSVP is required.

Baltimore County Memory Café: 2nd Wednesday of each month from 12-1 p.m. Contact Matthew Ruth for questions and to RSVP. Matthew Ruth - mkruth@masonrysolutions.com or 410.456.1929

Harford County Memory Café: 2nd Tuesday of each month from 12-1 p.m. Contact Pat Maans for questions and to RSVP. Pat Maans | Bill.patm@comcast.net or 443.528.0260

Howard County Memory Café: 1st Wednesday of each month from 6:30-7:30 p.m. Contact Kathy Wehr for questions and to RSVP. Kathy Wehr | kwehr@howardcomd.gov or 410.313.5955

Frederick County Memory Cafés: 2nd and 4th Fridays of each month from 11:30 a.m. - 12 p.m. at different senior centers in the county. Contact Jordan Cox for questions and to RSVP. Call 301.600.1234 or email caregiversupport@frederickcountymd.gov

Carroll County Memory Café: Once a month (see below) from 10:30 a.m. - 12 p.m. at Carroll County Public Library Exploration Commons. Monthly dates vary. For questions or to RSVP, contact Cate McCarty. Email catemccarty@gmail.com or call 813.384.7571.

March 3	July 23	Nov. 19
April 30	August 20	Dec. 10
May 21	Sept. 17	
June 11	Oct. 15	