



# alzheimer's association®

## SUPPORT GROUPS GREATER MARYLAND CHAPTER

### FIRST MONDAY

12-1:30 p.m.

Westover Senior Center | Westover

Margaret White | 410.752.0505 ext. 128 or  
mwhite@macinc.org

### FIRST TUESDAY

12-1:30 p.m.

Community-based | Timonium

Marilyn Blum

410.356.4805 or marilyn.blum@gmail.com

4:30-5:30 p.m.

Somerford | Hagerstown

Pete McMillin

301.791.9221 or PMcMillin@5ssl.com

7-8:30 p.m.

Early Stage/Late Onset | Timonium

Please call 800.272.3900 for pre-screening

10-11 a.m.

Regency Park | Gambrills

Kate Krauss

410.923.1200 and ask for Kate or  
regencyparkmarketing@gmail.com

Latino Caregiver Meet Up/ Virtual/ Statewide

9:30-11 a.m.

Maria Guadalupe Lopez

443.904.0422 or mglopez196@gmail.com

### SECOND MONDAY

Dementia Caregiver Meet Up/ Hunt Valley

6:30-8 p.m.

Cole Smith | 443.602.6894 or nsmith@bvsl.net

Jamie Kasoff | 443.604.2626 or jkasoff@lifebridgehealth.org

### SECOND TUESDAY

3-4:30 p.m.

Harford Community College | BelAir

Barbara Pumphrey

410.676.2787 or bbpumph@aol.com

5:30-6:30 p.m.

MAC, Inc. | Salisbury

Margaret White

410.752.0505 x 128 or mwhite@macinc.org

### SECOND WEDNESDAY

10:30 a.m.-12:30 p.m.

Frontotemporal Dementia | Timonium

Paula Notarangelo

410.294.2409 or noto27@aol.com

6:30-8 p.m.

Korean | Ellicott City

MJ Engle

410.313.6538 or mjengle@gmail.com

6:30-8 p.m.

Levindale | Baltimore

Julie Heyman

443.675.6349 or

Levindale.alzgroup@gmail.com

*No one should face Alzheimer's alone. We're here to help.*

**SECOND WEDNESDAY, con't.**

Young Adult (ages 18-35) / Virtual/ Statewide  
530-630 pm  
Kathryn King Rabb 352.281.7367 or  
kaking0812@gmail.com

**SECOND THURSDAY**

12:30-2 p.m.  
JHH-ElderPlus | Baltimore  
Tiffani Williams  
410.550.8093 or twilli19@jhmi.edu

3-4 p.m.  
Chamber of Commerce | Ocean Pines  
Margaret White  
410.752.0505 x 128 or mwhite@macinc.org

6:30-8 p.m.  
Ellicott City | 50+ Center  
Danilsa Marciniak  
410.736.2217 or dmrstar22@gmail.com

6:30-8 p.m.  
Early Stage | Howard County | Ellicott City  
Please call 800.272.3900 for pre-screening

**THIRD MONDAY**

10-11:30 a.m.  
Myerberg | Baltimore  
Rachel Brodsky  
410.843.7421 or rbrodsky@jcsbaltimore.org

**THIRD TUESDAY**

6:30-8 p.m.  
St. Patrick | Havre De Grace  
Rosemary Dehn | 410.688.1007 or rmdehn@gmail.com  
Janet Girard | 410.939.6026 or janetgirard1@aol.com

7-8 p.m.  
Early Stage People with Memory Loss | Statewide  
Please call 800.272.3900 for pre-screening

**THIRD WEDNESDAY**

5:30-6:30 p.m.  
Dementia Caregiver SG | Virtual/ Statewide  
Angela Gahs  
410.916.1157 or angela.gahs@gmail.com

6:30-8 p.m.  
Catonsville Presbyterian Church  
Erica Rome  
410.537.0700 or erica@ericarome.com

6-8 p.m.  
Early Stage/ Young Onset | Timonium  
Please call 800.272.3900 for pre-screening

**THIRD THURSDAY**

6:30-8 p.m.  
Atrium Village | Owings Mills  
Jamie Kasoff  
443.604.2626 or jkasoff@lifebridgehealth.org  
Marsha Seabold  
443.559.4143 or MSeabold@lifebridgehealth.org

**THIRD FRIDAY**

1-2 p.m.  
Glen Meadows | Glen Arm  
Heather Kennedy | 410.319.5037 or HKennedy@psl.org

**THIRD SATURDAY**

10 a.m. -12 noon  
Wayland Baptist Church | Baltimore  
Lucy Armstrong | 410.922.5848

**FOURTH MONDAY**

6:30-8 p.m.  
Early Stage Harford County | BelAir  
Please call 800.272.3900 for pre-screening

**FOURTH TUESDAY**

12:30-1:30 p.m.  
Edenton | Frederick  
Leland Comstock  
301.807.3274 or leecom1@gmail.com

6-7 p.m.  
Candle Light Cove | Easton  
Leslae Southard  
lsouthard@integracare.com or leslaeh@aol.com  
(c) 410.322.3838 or (w) 410.770.9707

**FOURTH WEDNESDAY**

6:30-8 p.m.  
Frontotemporal Dementia | Timonium  
Paula Notarangelo  
410.294.2409 or noto27@aol.com

**FOURTH THURSDAY**

1-2 p.m.  
LGBTQA+ Dementia Caregiver Meet Up  
Virtual/ Statewide  
Paula Nemoga  
240.575.4338 or pnemoga@comcast.net

**LAST WEDNESDAY**

12-1 p.m.  
Homewood | Williamsport  
Rebecca Ryan  
301.582.1750 or RDRyan@hmwd.org