

ALZHEIMER'S  ASSOCIATION®

# MEMORY CAFÉ

Where staying connected and having fun makes a difference.



## MEDSTAR CENTER FOR SUCCESSFUL AGING MEMORY CAFÉ 2ND THURSDAY OF EACH MONTH | 1 P.M.

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MedStar Montgomery Medical Center  
Center for Successful Aging – Resource Room  
18101 Prince Philip Drive  
Olney, MD 20832

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The Alzheimer's Association Memory Cafes offer an interactive and relaxed way for people living with early stage memory loss and their care partners to connect with others traveling a similar journey. The bonds formed in Memory Cafes often last throughout the memory disease continuum, and can add support for participants. The MedStar Center for Successful Aging Memory Café will spend time with emotional resilience and well-being.

You must register in advance by calling or emailing Deanna Cho, LCSW-C.  
Email: [Deanna.y.cho@medstar.net](mailto:Deanna.y.cho@medstar.net) Phone: 301.570.7426