



ALZHEIMER'S  ASSOCIATION®

CAFÉ LATINO Spanish Support Group

Café Latino is a virtual meeting that occurs on the second Saturday of each month at 10 a.m.

Café Latino is a support group in Spanish for caregivers of people with Alzheimer's disease or other dementias. This group is organized by the Alzheimer's Association – it is confidential, safe and provides a mutually supportive environment among participants. Café Latino will be an opportunity to share feelings and/or problems about Alzheimer's or other dementias. This group will also help participants develop skills to maintain their physical and/or emotional health while you are a caregiver for people with Alzheimer's disease or other dementias.

Café Latino is a virtual meeting that occurs the second Saturday of each month at 10 a.m. To register, call 800.272.3900 for more information.