



# MEMORY CAFE

*Where staying connected and  
having fun makes a difference.*



## MEDSTAR CENTER FOR SUCCESSFUL AGING MEMORY CAFÉ

2ND THURSDAY OF EACH MONTH | 1 P.M.

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Virtual meetings on the 2nd Thursday of each month at 1 p.m.

In-person meetings held quarterly in Olney

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The Alzheimer's Association's Memory Cafés offer an interactive and relaxed way for people living with memory loss and their care partners to get connected with others facing similar journeys. The bonds formed in Memory Cafés often last throughout the memory disease continuum, and can add support for people living with memory loss and their care partners. In addition, the MedStar Center for Successful Aging Memory Café will focus on emotional resilience and well being.

Register to receive log-in instructions or meeting location  
by emailing Deanna Cho at [Deanna.y.cho@medstar.net](mailto:Deanna.y.cho@medstar.net)



in partnership with

