

# BUILDING YOUR MEMORY CARE SKILLS

## a person-centered approach

### *DSS-Approved Professional Staff Virtual Training*

Give the Memory Care team at your facility the tools they need for their 2022 training requirements with the DSS approved highly interactive, VIRTUAL training, presented by Alzheimer's Association. Thanks to a special supplemental grant, the cost for virtual sessions are **free of charge**. These proven programs meet the training requirements of the Virginia Department of Social Services (LIC-21-025). The format is designed to provide Virginia's long-term care workforce with Dementia Specific training. Our programs have been attended by activity directors, administrators, nurses, CNAs, mental health professionals, direct care workers, adult day care staff, occupational therapists, physical therapists, social workers, and all long-term care staff.

Registration is required and space is limited. Certificates of Attendance will be issued when the training is completed. The log-in information will be sent to you 24 hours prior to your session. Contact Sharon Napper for additional information at [shnapper@alz.org](mailto:shnapper@alz.org).

**TO REGISTER: CLICK THE SESSION DATE YOU WOULD LIKE TO ATTEND OR CALL 800.272.3900**

#### **JANUARY 2022**

[Jan. 11 | 9 a.m. | 2 hr.](#)

- » Communication: More Than Words
- » Aggressive Behaviors

[Jan. 13 | 1 p.m. | 1 hr.](#)

Dementia: What Is It?

[Jan. 18 | 9 a.m. | 2 hr.](#)

Falls and Wandering

[Jan. 20 | 1 p.m. | 1 hr.](#)

End of Life Care

[Jan. 25 | 9 a.m. | 4 hr.](#)

- » Dementia Care Best Practices
- » Dementia: What Is It?
- » Person-Centered Assessments
- » Falls and Wandering

[Jan. 27 | 1 p.m. | 2 hr.](#)

- » Food: More Than A Meal
- » Making Connections

#### **FEBRUARY 2022**

[Feb. 8 | 9 a.m. | 2 hr.](#)

- » Int. Disabilities and Dementia
- » Making Connections

[Feb 10 | 1 p.m. | 1 hr.](#)

Sexuality, Intimacy, and Dementia

[Feb 17 | 1 p.m. | 4 hr.](#)

- » Dementia: What Is It?
- » Communication: More than Words
- » Aggressive Behaviors
- » Falls and Wandering

[Feb 22 | 9 a.m. | 4 hr.](#)

- » Dementia Care Best Practices
- » Person-Centered Assessments
- » Depression and Dementia
- » Dementia: What Is It?

[Feb 24 | 1 p.m. | 1 hr.](#)

Bathing Made Simple

#### **MARCH 2022**

[Mar. 8 | 9 a.m. | 2 hr.](#)

- » Technology and Dementia
- » Falls and Wandering

[Mar. 10 | 1 p.m. | 2 hr.](#)

- » Bridging the Gap between Families and Caregivers
- » Stress, the client, families and you

[Mar. 15 | 9 a.m. | 2 hr.](#)

- » Activities: How and Why
- » Making connections

[Mar. 17 | 1 p.m. | 4 hr.](#)

- » Dementia Best Care Practices
- » Dementia: What Is It?
- » Reducing the Risk of Falls
- » Aggressive Behaviors

[Mar. 22 | 9 a.m. | 2 hr.](#)

- » End of Life Care
- » Person-Centered Assessments