



ALZHEIMER'S  ASSOCIATION®
SUPPORT GROUPS
 SOUTHEASTERN VIRGINIA CHAPTER

DAYTIME SUPPORT GROUPS

Registration is recommended for support groups.
 Please call our 24/7 Helpline at 800.272.3900 to register.

SOUTHSIDE

Portsmouth

1st Thursday | 1-2 p.m.
 Virtual via Zoom

Virginia Beach

3rd Monday | 12-1:30 p.m.
 Our Lady of Perpetual Help
 4560 Princess Anne Rd.

*Registration is required.
 Please call 757.495.4211 to register.*

Chesapeake

4th Monday | 10 a.m. -12 p.m.
 Chesapeake Lifestyle Center
 800 N. Battlefield Blvd.

WESTERN TIDEWATER

3rd Friday | 2-3 p.m.
 Smithfield
 Virtual Via Zoom

PENINSULA

Newport News

1st Wednesday | 2-3 p.m.
 Orcutt Baptist Church
 653 Baxter Ln

Williamsburg

1st Wednesday | 1-2 p.m.
 Peninsula Agency on Aging
 4551 John Tyler Highway, Ste 101
 Office

Williamsburg

2nd Thursday | 11-12 p.m.
 Virtual via Zoom

SOUTH CENTRAL

Farmville

1st Wednesday | 2-3 p.m.
 St. John's Lutheran Church
 1301 Milwood Rd