essentiALZ Training
CE Information

Learners who complete **essentiALZ® — Alzheimer's Association Training and Certification** are eligible to claim continuing education credit at no additional cost.

Jointly provided by Postgraduate Institute for Medicine and the Alzheimer's Association.

The following professionals who complete this activity can claim (4.5) continuing education credits: physician assistants, nurses, psychologists, social workers, and dieticians.

The essentiALZ Training and Certification program has been approved for Continuing Education for 4.5 total participant hours by NAB/NCERS — Approval # 20270529-4.5-A120459-DL.

Target Audience

essentiALZ® — Alzheimer's Association Training and Certification educates professional care workers on how to apply current evidence-based, person-centered care practices when caring for individuals living with dementia. The self-paced online curriculum features videos and interactive activities and includes access to the essentiALZ Certification Exam (valid for two years). This training is also intended for the following members of the interprofessional care team: physician assistants, nurse practitioners, APRNs, nurses, social workers, dieticians, and long-term care administrators.

Educational Objectives

After completing this activity, the participant should be better able to:

1. Describe the differences between typical aging, mild cognitive impairment, dementia and Alzheimer's disease.
2. Describe how a person-centered care approach can help people living with dementia and their care providers.
3. Describe the information that can be added to a person-centered assessment and care plan.
4. Identify interprofessional care team members and roles involved in the assessment and care plan.
5. List the strategies to consider when giving person-centered support for activities of daily living.
6. List the four steps to understand and respond to dementia-related behaviors.

Faculty Name and credentials	Title and Affiliation
Sam Fazio, PhD (Course Director)	Alzheimer's Association, VP, Care & Support Programs & Research • Care & Support Programs
Monica Moreno	Alzheimer's Association, Sr. Director Dementia Care Navigation • Mission Engagement
Emily Shubeck, LSW	Alzheimer's Association, Director, Direct Care Workforce Programs and Supports • Care & Support
Laura Wilson, M.Ed.	The Fingerpaint Group, SVP, Director of Patient Health Experience
Kristi Williams, RN, PhD, APRN-BC, FGSA, FAAN	Professor University of Kansas School of Nursing
Emily Simon	Associate Director, Strategic Communications, Alzheimer's Association
Samantha West	Senior Associate Director, Strategic Communications, Alzheimer's Association
Mike Maxse	Articulate Designer, Avenue Two Communications

Faculty

Disclosure of Financial Relationships:

Postgraduate Institute for Medicine (PIM) requires faculty, planners, and others in control of educational content to disclose all their financial relationships with ineligible companies. All identified conflicts of interest (COI) are thoroughly mitigated according to PIM policy. PIM is committed to providing its learners with high-quality accredited continuing education activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of an ineligible company.

Planners and Managers: The PIM planners and managers have nothing to disclose. The Alzheimer's Association planners and managers have nothing to disclose.

Faculty Disclosures: None

Joint Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and Alzheimer's Association. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation

Continuing Physician Assistant Education

Postgraduate Institute for Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for **4.5** AAPA Category 1 CME credits. Approval is valid until 1/13/2027. PAs should only claim credit commensurate with the extent of their participation.

Continuing Nursing Education: The maximum number of hours awarded for this Continuing Nursing Education activity is **4.5** contact hours.

Continuing Psychologist Education:

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Credit Designation

This program offers **4.5** continuing education credits for psychologists.

Continuing Social Work Education:

As a Jointly Accredited Organization, Postgraduate Institute for Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Postgraduate Institute for Medicine maintains responsibility for this course. Social workers completing this course receive **4.5** clinical continuing education credits.

For Dieticians:

This enduring material has been approved by the Commission on Dietetic Registration for **4.5** CPEUs.

Interprofessional Continuing Education:

This activity was planned by and for the healthcare team, and learners will receive **4.5** Interprofessional Continuing Education (IPCE) credit for learning and change.

Disclosure of Unlabeled Use

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications. The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

Disclaimer

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications and/or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.