



cognitive decline in Texas

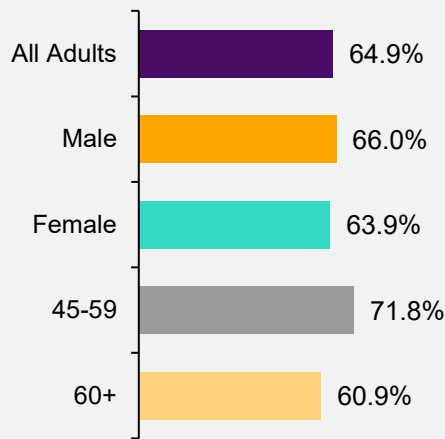
DATA FROM THE 2024 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Texas, 15.9% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD...

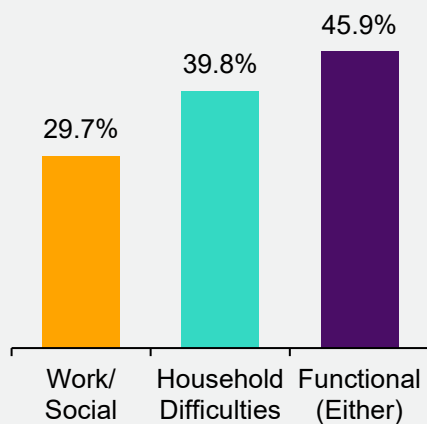
64.9% are worried about it.

Percentage with SCD who are worried



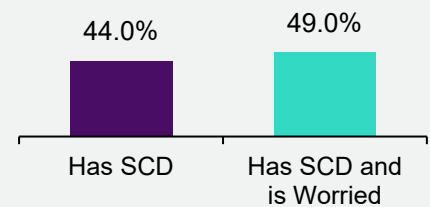
45.9% say it causes functional difficulties.

Percentage with SCD who have limitations

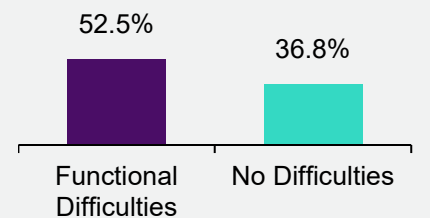


Only 44.0% have talked to a health professional about it.

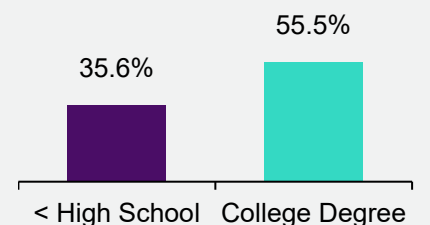
Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

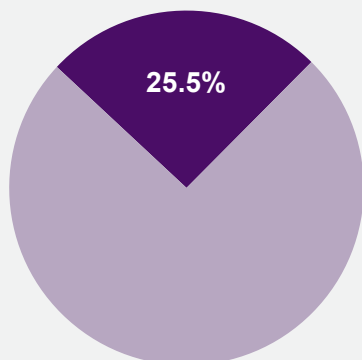


Those with a college degree are more likely to discuss their SCD with a health care provider . . .



25.5% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	17.0%
Male	15.1%
60 and older	17.9%
<High School	21.4%
High School Grad	18.2%
Some College	16.3%
College Grad	11.6%
Income <\$25,000	25.7%
\$25,000 - \$49,999	17.2%
\$50,000 - \$74,999	15.4%
\$75,000 - \$99,999	16.9%
\$100,000 or more	10.2%
Veteran	21.6%
Out of Work	18.4%