dementia caregiving in North Carolina

ALZHEIMER'S ASSOCIATION

DATA FROM THE 2024 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

1 in 4 caregivers in North Carolina (24.7%) is providing care to an individual with Alzheimer's or other form of dementia.

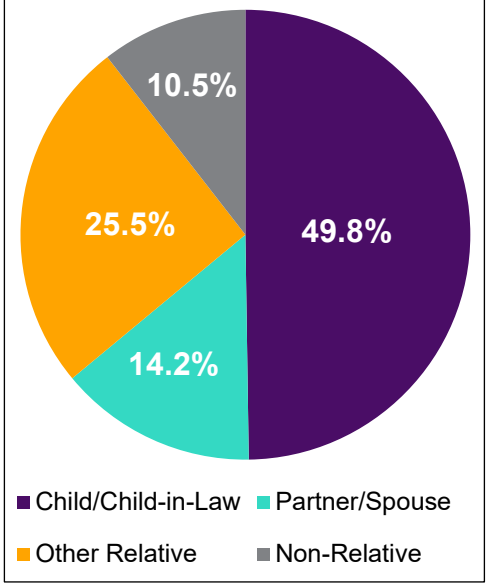
Who are dementia caregivers?

Female Male	67.3% 32.7%
Also caring for a child	29.9%

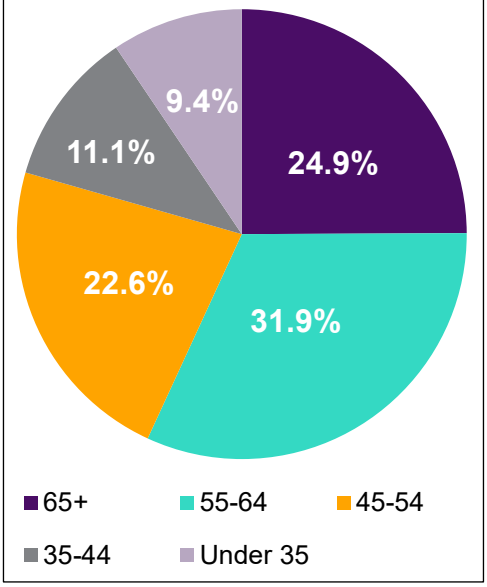
Health Effects

In frequent poor physical health	17.8%
In frequent poor mental health	16.4%
History of depression	27.8%
Socially Isolated	26.1%

Relationship to Care Recipient

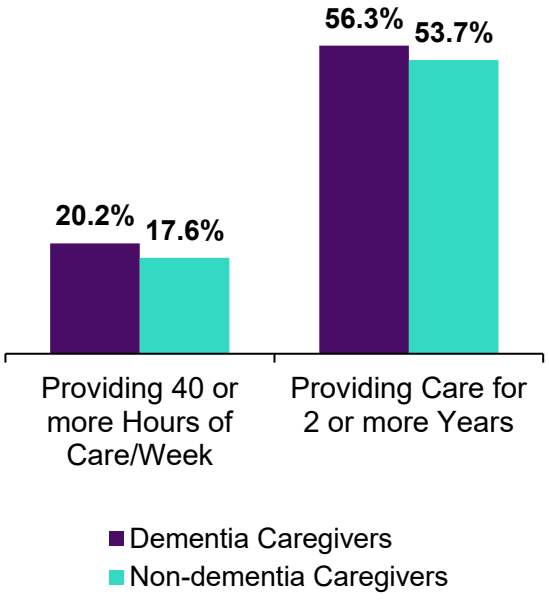


Age

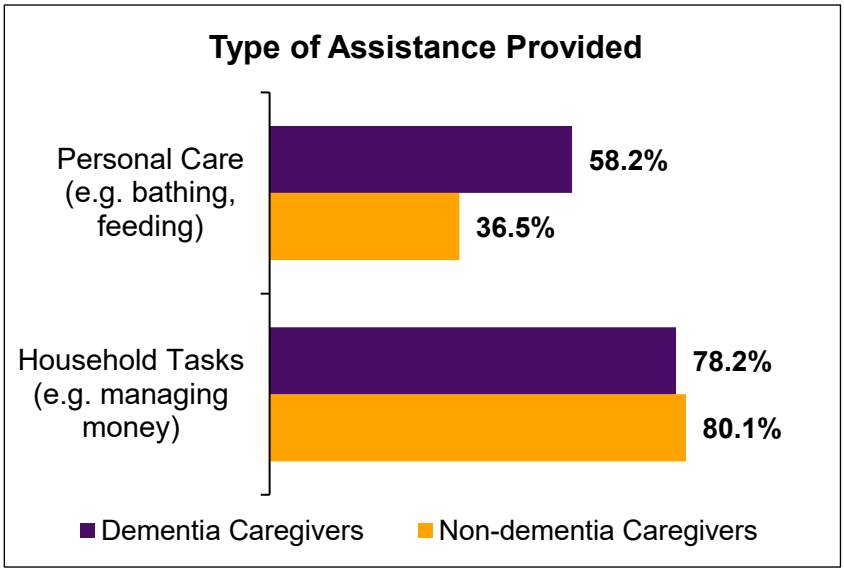


What does dementia caregiving entail?

Length of Care



Type of Assistance Provided



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