



# dementia caregiving in Maine

ALZHEIMER'S ASSOCIATION®

DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

**1 in 4 caregivers in Maine (25.3%) is providing care to an individual with Alzheimer's or other form of dementia.**

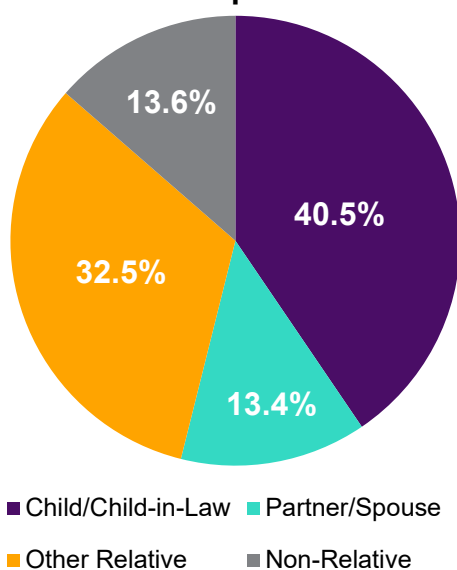
## Who are dementia caregivers?

Female	62.9%
Male	37.1%
Also caring for a child	24.1%

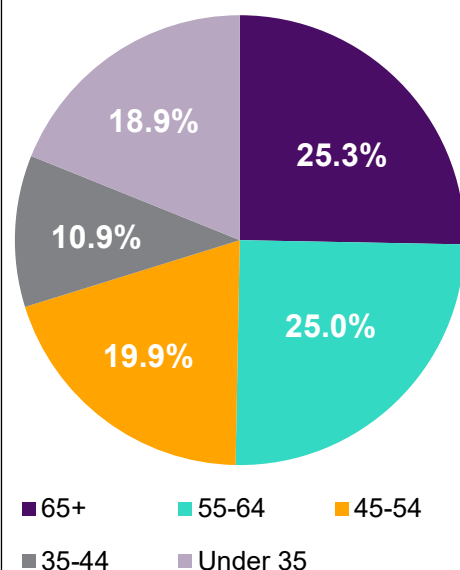
### Health Effects

In frequent poor physical health	18.0%
In frequent poor mental health	26.3%
History of depression	30.5%
Socially Isolated	36.8%

### Relationship to Care Recipient

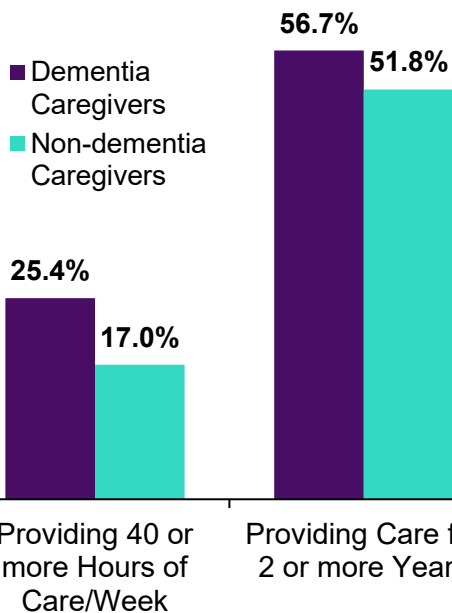


### Age

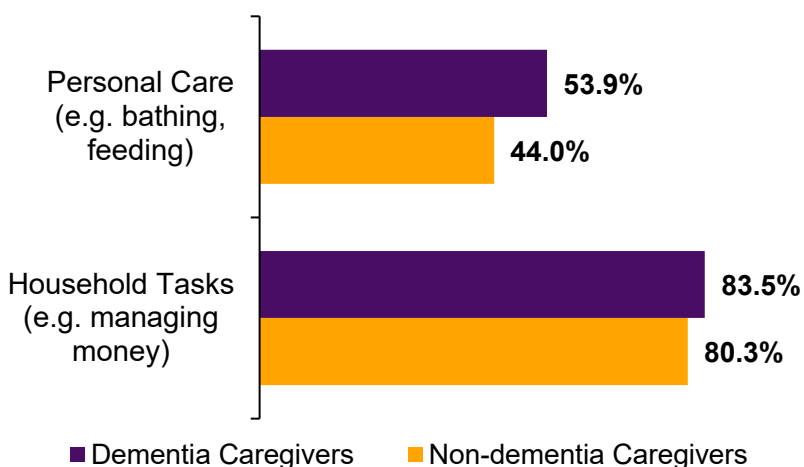


## What does dementia caregiving entail?

### Length of Care



### Type of Assistance Provided



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