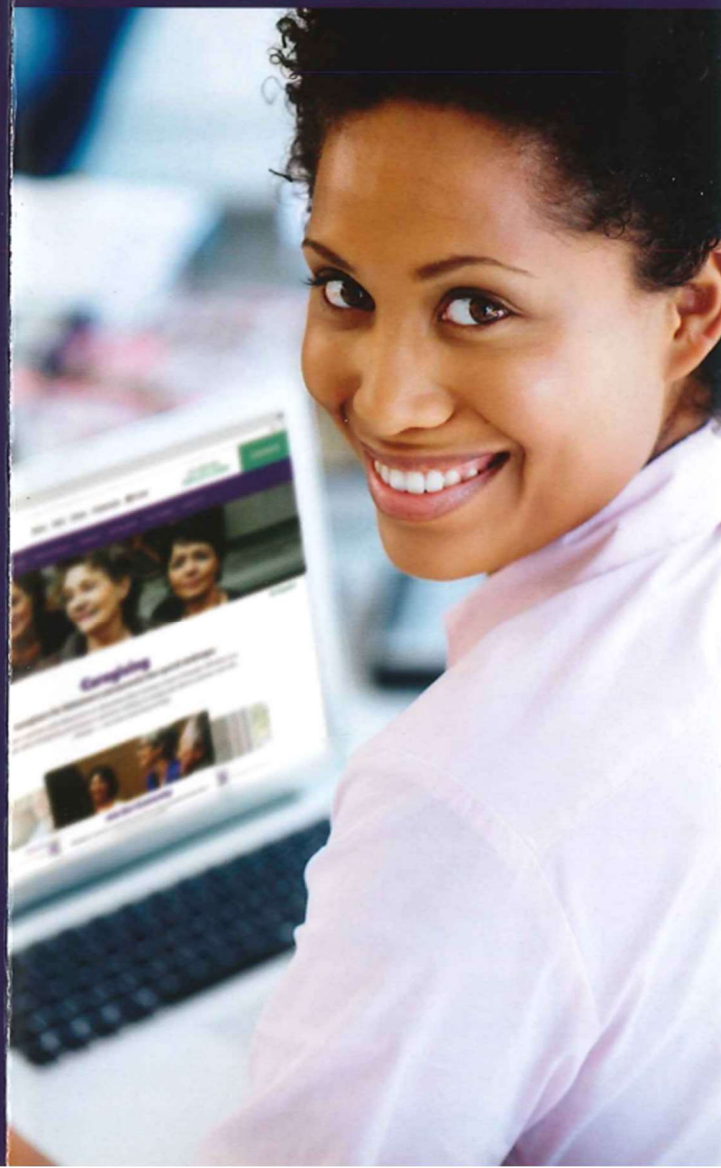


## ONLINE CAREGIVER RESOURCES

ALZ.ORG/CARE



**alz.org/care**

Reliable information and easy access to resources.



**alz.org/education**

Free online workshop series:  
» *Living with Alzheimer's: for Caregivers*



**alz.org/CRF**

We're in communities nationwide.



**800.272.3900**

24/7 Helpline – Available all day, every day.

## ALZHEIMER'S ASSOCIATION®

The Alzheimer's Association is a worldwide voluntary health organization dedicated to Alzheimer's care, support and research. Our mission is to lead the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

Our vision is a world without Alzheimer's  
and all other dementia®.

**800.272.3900 | alz.org®**

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## HELP AND SUPPORT FOR CAREGIVERS

Caring for a person living with Alzheimer's or another dementia often involves a team of people. Whether you provide daily care, participate in financial, legal or care-related decision-making, or simply care about a person living with the disease — there's much to do and plenty to know. The Alzheimer's Association® offers a variety of resources and support at [alz.org/care](https://alz.org/care).

### Find reliable information on:

- » Caregiving in the early, middle and late stages of Alzheimer's disease
- » Behaviors
- » Daily care
- » Caregiving skills and training
- » Respite care
- » Care options and coordination
- » Costs you may face
- » Legal documents
- » Safety
- » Working with doctors



## ALZHEIMER'S ASSOCIATION TOOLS AND RESOURCES

### ALZConnected®

Our free online community designed for people living with dementia and those who care for them. Members can post questions about dementia-related issues, offer support, and create public and private groups around specific topics.

### Live Well Online Resources

Free interactive tools that help users navigate the personal and emotional challenges accompanying an Alzheimer's diagnosis and provide personalized steps for living well with the disease.

### ALZNavigator™

This interactive online tool creates customized action plans for facing dementia and provides resources on a variety of topics — from understanding the disease to finding local programs and services.

### Alzheimer's Association & AARP Community Resource Finder

A database of dementia and aging-related resources powered by Healthlink Dimensions, LLC, including local programs and services.

[alz.org/care](https://alz.org/care)