

Virtual Caregiver Support Group

Presented by the Alzheimer's Association® - Greater Richmond Chapter



Virtual Caregiver Support Group

Third Tuesdays Every Month
7 PM - 8 PM

Meets on [This Zoom Link](#)

Or call 804-967-2575 to receive the link.

Visit alz.org/grva to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ connected®, our online community, at alzconnected.org.



Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

1-800-272-3900 | ALZ.ORG/GRVA