IN-PERSON SUPPORT GROUPS

Presented by the Alzheimer's Association **REGISTER: 1-800-272-3900**





SANTA BARBARA COUNTY

1st Mondays, 11AM-12PM
Dick DeWees Senior Center
1120 W. Ocean Ave, Lompoc

1st & 3rd Tuesdays, 2-3PM
Friendship Center
83 Eucalyptus Lane, Santa Barbara 93108
*Respite available
This meeting is closed to public

1st Tuesday- Support Group
3rd Tuesday-Education, 5-6:30PM
Sutter Health
215 Pesetas Lane, 3RD Floor Conference Room, Santa Barbara 93110

2nd & 4th Thursdays, 10-11:30AM
Heritage House
5200 Hollister Ave Goleta 93111

2nd & 4th Mondays, 3-4:30PM
San Vicente
340 Old Mill Road, Santa Barbara 93110

2nd Tuesdays, 3-4PM
Maravilla Senior Living
5486 Calle Real, Santa Barbara 93111

2nd & 4th Thursdays, 10:30AM-12PM
Carpinteria Library
5141 Carpinteria Ave, Carpinteria 93013

4th Tuesdays, 3-4PM
Santa Maria Wisdom Center
2255 S. Depot St., Santa Maria 93455

Register with 24/7 Helpline:
800.272.3900

TO REGISTER OR LEARN MORE, PLEASE VISIT: ALZ.ORG/CRF OR CALL OUR 24/7 HELPLINE: 800.272.3900.

KERN COUNTY

1st & 3rd Mondays, 12-1:00PM
401 S. Mill St.
Tehachapi, CA 93561

3rd Wednesdays, 1-2:00PM
900 H St.
Bakersfield, CA 93304

MONTHLY ONLINE SUPPORT GROUPS

2nd Friday, 2:30-4PM
In partnership w/ CCRC

Every Wednesday, 2:30-4PM
In partnership w/ Senior Concerns

1st & 3rd Thursday, 2:30-3:30PM

FOR ADULT CHILD CAREGIVERS
1st & 3rd Thursdays, 9:30-11AM
In partnership w/ Senior Concerns

MONTHLY GROUPS FOR THOSE WITH MEMORY LOSS & CARE PARTNERS
1st, 2nd & 3rd Thursdays
1-2:00pm for Persons with Dementia: Dr. Joe I.
1-2:00pm for Caregivers: Debbie S.
2-3:00pm for Persons with Dementia: Dr. Joe I.

MONTHLY GROUPS FOR THOSE WHO HAVE LOST A LOVED ONE TO DEMENTIA
1st Mondays, 6-7PM

GRUPO DE APOYO EN ESPAÑOL
2nd y 4th Sábados, 10:00-11:30AM