



dementia caregiving in New Jersey

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

Nearly 1 in 5 caregivers in New Jersey (19.6%) is providing care to an individual with Alzheimer's or other form of dementia.

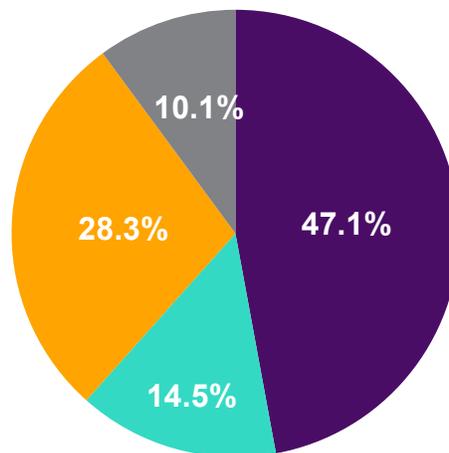
Who are dementia caregivers?

Female	72.6%
Male	27.4%
Urban	100.0%
Rural	0.0%
Also caring for a child	22.2%

Health Effects

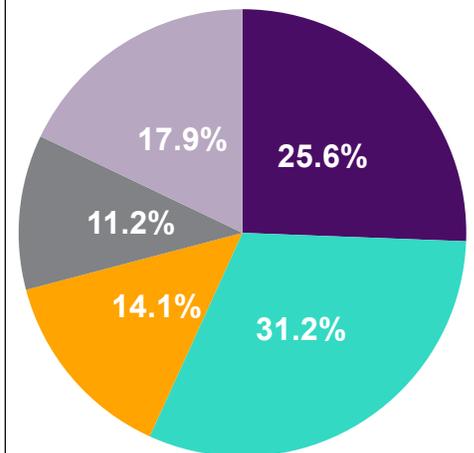
In frequent poor physical health	12.7%
In frequent poor mental health	26.2%
History of depression	27.9%

Relationship to Care Recipient



■ Child/Child-in-Law ■ Partner/Spouse
■ Other Relative ■ Non-Relative

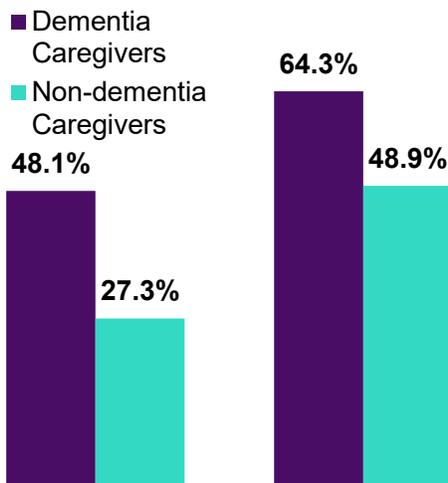
Age



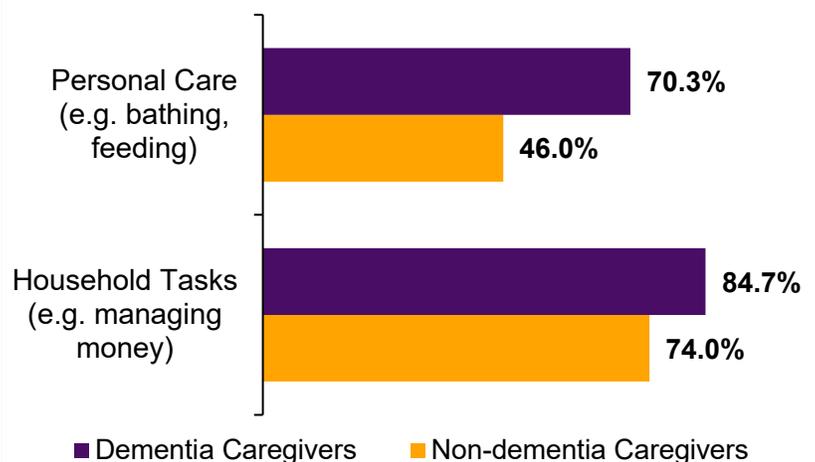
■ 65+ ■ 55-64 ■ 45-54
■ 35-44 ■ Under 35

What does dementia caregiving entail?

Length of Care



Type of Assistance Provided



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