



ALZHEIMER'S  ASSOCIATION®

MARYLAND

VIRTUAL AND IN-PERSON SUPPORT GROUPS

Support groups provide a place for friends and family to share valuable information, caregiving tips and concerns throughout the Alzheimer's journey. Please note that some groups are in person and some are held virtually. Registration is **recommended** for support groups.

Please call our 24/7 Helpline at 800.272.3900 to register and receive login information for virtual meetings.

IN-PERSON SUPPORT GROUPS BY COUNTY

ALLEGANY COUNTY

Allegany County Caregiver Support Group

Third Tuesday | 6:30-8 P.M.

UPMC

Physician Conference room

12500 Willowbrook Rd.

Cumberland, MD 21502

Catonsville Caregiver Support Group

Third Wednesday | 6:30-8 P.M.

Catonsville Presbyterian Church

1400 Frederick Rd.

Catonsville, MD 21228

Glen Meadows Caregiver Support Group

Third Friday | 1-2 P.M.

Glen Meadows Retirement Community,

11630 Glen Arm Rd.

Glen Arm, MD 21057

ANNE ARUNDEL COUNTY

Anne Arundel Early & Mid-Stage Support Group

Pre-screening required.

Second Monday | 6:30-8 P.M.

Woods Memorial Presbyterian Church Rm. 155

611 Baltimore-Annapolis Blvd.

Severna Park, MD 21146

BALTIMORE CITY

JHH- ElderPlus Caregiver Support Group

Second Thursday | 12:30-2 P.M.

Stadium Place, Ednor 1

1040 East 33rd St.

Baltimore, MD 21218

BALTIMORE COUNTY

Dementia Caregiver Meet Up HYBRID

Second Monday | 6:30-8 P.M.

11019 McCormick Rd. Suite 260

Hunt Valley, MD 21031

Caregiver Support Group-HYBRID

University of Maryland School of Medicine

Second Tuesday | 3-4:30 P.M.

Geriatric Neuropsychiatry & Advanced Depression
Treatment Center

701 W. Pratt St. | Suite 1

Baltimore, MD 21201

CALVERT COUNTY

Calvert Library Twin Beaches Branch

First Wednesday | 3 P.M.
4100 5th St.
North Beach, MD

Calvert Library Southern Branch

Second Wednesday | 3 P.M.
13920 HG Trueman Rd.
Solomons, MD

Calvert Library

Second Thursday | 6:30 P.M.
850 Costley Way
Prince Frederick, MD

CAROLINE COUNTY

Caroline County Caregiver Support Group

Second Thursday | 6-7 P.M.
701 S. 5th Ave.
Denton, MD 21629

CARROLL COUNTY

Caregiver Connections

Fourth Thursday | 6-7:30 P.M.
BrightView Senior Living
505 High Acre Dr.
Westminster, MD 21157

Carroll County Caregiver Support Group-HYBRID

Third Thursday | 6-7 P.M.
Snowden Creek Senior Apartments
5825 Oklahoma Rd.
Eldersburg, MD 21784

CECIL COUNTY

Cecil County Dementia Caregiver Support Group

Second Tuesday | 3:30-4:30 P.M.
200 Chesapeake Blvd.
Elkton, MD 21921

DORCHESTER COUNTY

Dorchester County Caregiver Support Group

Third Thursday | 1-2:30 P.M.
Delmarva Community Services
108 Cheapeake St.,
Cambridge, MD 21613

FREDERICK COUNTY

Spring Arbor of Frederick Caregiver Support Group

Third Wednesday | 6-7:30 P.M.
6601 English Muffin Way
Frederick, MD 21703

Silverado Memory Care Caregiver Support Group

Third Wednesday | 12-1:30 P.M.
Silverado Frederick Memory Care Community
County Kitchen
401 Gas House Pike
Frederick, MD 21701

Edenton Caregiver Support Group

Fourth Tuesday | 12:30-1:30 P.M.
Edenton Retirement Community
5800 Genesis Lane, Frederick, MD 21703

GARRETT COUNTY

Garrett County Caregiver Support Group

Fourth Wednesday | 10:30 A.M. – 11:30 a.m.
Grantsville Senior Center
125 Durst Ct.
Grantsville, MD 21536

Garrett County Caregiver Support Group

Second Wednesday | 2:30 – 4 P.M.
Mary Browning Senior Center
104 East Center St.
Oakland, MD 21550

HARFORD COUNTY

Harford County Caregiver Support Group

Second Tuesday | 3-4:30 P.M.
Mt. Zion Church
1643 Churchville Rd
Bel Air, MD 21015

St. Patrick/Havre de Grace Caregiver Support Group

Third Tuesday | 6:30-8 P.M.
615 Congress Ave.
Havre De Grace, MD 21078

Harford County Early Stage Support Group Pre-screening required.

Fourth Monday | 6:30-8 P.M.
Mt. Zion Church
1643 Churchville Rd
Bel Air, MD 21015

HOWARD COUNTY

Brighton Gardens Support Group

2nd Wednesday | 1- 2 P.M.
Brighton Gardens of Columbia
7110 Minstrel Way
Columbia, MD

Howard County Early Stage Support Group
Pre-screening required.

Second Thursday | 6:30 – 8 P.M.
Ellicott City 50+ Center
9411 Frederick Rd.
Ellicott City, MD 21042

Ellicott City 50+ Center

Second Thursday | 6:30 - 8 P.M.
9401 Frederick Rd.
Ellicott City, MD 21042

Morningside House - Friendship

Fourth Tuesday | 7-8:30 P.M.
7548 Old Telegraph Rd.
Hanover, MD 21076

Sunrise of Columbia

Third Wednesday | 6-7:30 P.M.
6500 Freetown Rd.
Columbia, MD 21044

MONTGOMERY COUNTY

Brooke Grove / MedStar Montgomery

Second Friday | 12:30 P.M.
Community Partners Room
18131 Slade School Rd.
Sandy Spring, MD

Holy Cross Health - HYBRID

First Thursday | 10 A.M. | All Caregivers
Second Thursday | 10 A.M. | Adult Children
Third Thursday | 10 A.M. | Spouses
Fourth Thursday | 10 A.M. | Adult Children
To register and receive Holy Cross Health meeting locations or login instructions, call 800.272.3900.

QUEEN ANNE'S COUNTY

Queen Anne's County Library

Third Tuesday | 6-7 P.M.
200 Library Circle
Stevensville, MD 21666

TALBOT COUNTY

Candle Light Cove

Third Wednesday | 1-2 P.M.
106 W. Earle St.
AL Activity Room
Easton, MD 21601

WICOMICO COUNTY

MAC, Inc. Caregiver Support Group

Second Wednesday | Noon-1:30 P.M.
909 Progress Circle
Salisbury, MD 21804

MAC, Inc. Caregiver Support Group

Fourth Wednesday | Noon-1:30 P.M.
909 Progress Circle
Salisbury, MD 21804

WASHINGTON COUNTY

Caregiver Support Group

Last Thursday (only every other month) | 2-3:30 P.M.
Fahrney Keedy Senior Living
8507 Mapleville Rd.
Boonsboro, MD 21713

WORCESTER COUNTY

Atlantic General Neurology Caregiver Support Group

Second Thursday | 3-4:30 P.M.
9714 Health Way Drive
Berlin, MD 21811

Pocomoke 50+ Center

3rd Thursday | 4-5:30 P.M.
400 Walnut St.
Pocomoke, MD 21851

Ocean Pines Library Caregiver Support Group

Fourth Thursday | 3-4:30 P.M.
Ocean Pines Library
11107 Cathell Rd.
Berlin, MD 21811

VIRTUAL SUPPORT GROUPS

Please call 800.272.3900 to receive login instructions prior to the meeting time and date.

Jewish Community Services Support Group

First Monday | 10:-11:30 A.M.

Virtual Dementia Caregiver Support Group

First Tuesday | 12-1:30 P.M.

Early Stage/Late Onset - 65 or older

Care Partners ONLY Group

Pre-screening required.

First Tuesday | 6:30-8 P.M.

Dementia Caregiver Meet Up HYBRID

Second Monday | 6:30-8 PM.

Levindale Baltimore Caregiver Support Group

Second Wednesday | 6:30-8 P.M.

Jewish Community Services Support Group

Third Monday | 10-11:30 A.M.

Statewide Virtual Caregiver Support Group

Third Wednesday | 5:30-6:30 P.M.

Carroll County Caregiver Support Group

Third Thursday | 6-7 P.M.

Leisure World of Maryland

First Wednesday | 3 P.M.

Rockville Caregiver Support Group

Second and Fourth Tuesdays | 7 P.M.

Caregiver Support Group

4th Tuesday | 7-8 P.M.

Camp Springs Caregiver Support Group

Last Monday | 1 P.M.

Virtual Hanover Caregiver Support Group

4th Tuesday | 7-8:30 P.M.

SPECIALTY SUPPORT GROUPS

For virtual meetings, please call 800.272.3900 to receive login instructions prior to the meeting time and date.

Sandwich Generation (Caregivers 40 yrs and older)

VIRTUAL

First and Third Thursday | 8 p.m.

Frontotemporal Dementia Caregiver Support

VIRTUAL

Second Wednesday | 10:30 A.M. – 12:30 P.M.

Korean Caregiver Support Group

VIRTUAL

Second Wednesday | 6:30-8 P.M.

Frontotemporal Dementia Caregiver Support Group

VIRTUAL

Fourth Wednesday | 7-8:30 P.M.

Cafe Latino (Spanish Language)

VIRTUAL

Second Saturday | 10 a.m.

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