cognitive decline in North Carolina

ALZHEIMER'S ASSOCIATION®

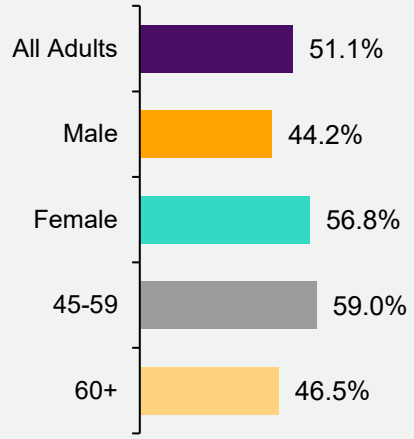
DATA FROM THE 2024 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In North Carolina, 12.7% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD…

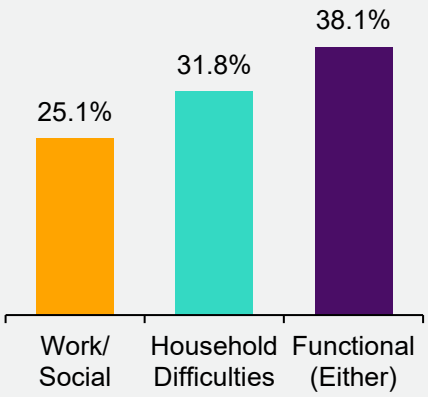
51.1% are worried about it.

Percentage with SCD who are worried



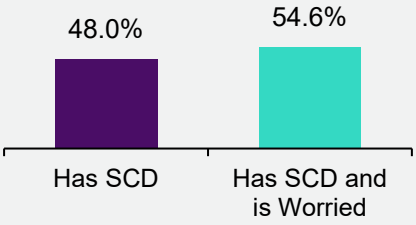
38.1% say it causes functional difficulties.

Percentage with SCD who have limitations

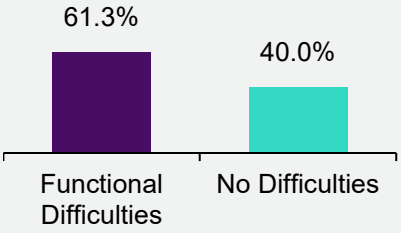


Only 48.0% have talked to a health professional about it.

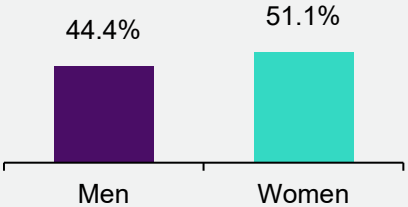
Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

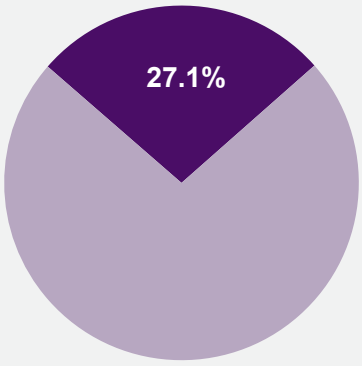


Women are more likely to talk to a provider about their SCD compared with men. . .



27.1% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	12.6%
Male	12.9%
60 and older	13.5%
<High School	13.0%
High School Grad	12.4%
Some College	12.5%
College Grad	13.2%
Income <$25,000	17.9%
$25,000 - $49,999	12.0%
$50,000 - $74,999	16.9%
$75,000 - $99,999	15.9%
$100,000 or more	9.7%
Veteran	18.3%
Unable to Work	28.7%

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