

Leadership Skill Development Workshop for Emerging Scientists in Alzheimer's Research

Friday, July 10, 2026 | 8 a.m. - 12 p.m.

Aurora 11 — InterContinental — London, United Kingdom

All times are in British Summer Time

In-person attendance only

Overview

Leadership is an indispensable facet of any professional journey, and for researchers, honing leadership skills is essential for making significant strides in their fields. Whether you are a junior researcher embarking on your career or a mid-career professional seeking to enhance your leadership prowess, this workshop is designed for you. Join us for an engaging half-day session where you'll delve into dynamic and hands-on activities led by seasoned leaders in science. Our workshop will explore key aspects of leadership, focusing on honing skills in communication, decision-making, and effective management styles. In particular, we will focus on topics such as resilience through challenges, emotional intelligence and shaping a team, and other relevant topics dealing with challenges in the scientific workplace. Through interactive exercises and discussions, you will gain practical insights and strategies to navigate the challenges unique to leadership in science and beyond. Leaders in the field will take attendees through their experiences in leadership, as well as lead a number of interactive and engaging hands-on activities designed to better understand your own leadership characteristics and how to improve them. This workshop goes beyond theoretical concepts, providing tangible tools and resources to empower you as a leader in the field. Learn how to inspire and motivate your team, communicate your ideas effectively, and develop a leadership style that aligns with your values and goals. Don't miss this opportunity to connect with like-minded professionals, share experiences, and elevate your leadership abilities.

Organizing Committee

- Marcie Stern, MHA, RLC
- Shannon Risacher, PhD
- Lucia Crivelli, PhD
- Angela Gomez Arboledas, PhD
- Duygu Tosun, PhD
- Sindhuja Tirumalai Govindarajan, PhD
- Rebecca Edelmayer, PhD

Target Audience

This ISTAART immersive workshop is designed for...

Learning Objectives

- Experience a sense of community and connection
- Increase confidence, agency, and hope during times of change
- Learn practical tools for navigating change, sustaining and restoring energy, and building resilience
- Create an actionable plan for applying key learnings

Registration

Pre-conferences are offered for in-person attendance only. Preconferences require a separate registration fee in addition to AAIC full conference registration, or they may be purchased as stand-alone events. Visit alz.org/AAIC.

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Time	Session Details	Speakers and Moderator
8:00 a.m. - 8:15 a.m.	Introduction and Icebreaker	
8:15 a.m. - 9:00 a.m.	<ul style="list-style-type: none"> • Managing Change • “Your Change Landscape” 	
9:00 a.m. - 9:30 a.m.	<ul style="list-style-type: none"> • Circle of Influence • Mini-Teach • “Influence Reframe” 	
9:30 a.m. - 9:45 a.m.	Break	
9:45 a.m. - 10:15 a.m.	<ul style="list-style-type: none"> • Resilience • Reset, Reframe, Reconnect, Recharge. • “Resilience Gallery Walk” 	

10:15 a.m. - 11:00 a.m.	<ul style="list-style-type: none"> ● Energy Management ● physical, emotional, mental, purposeful. 	
11:00 a.m. - 11:45 a.m.	<ul style="list-style-type: none"> ● Leadership Panel + Q&A ● Community-Building Layer 	
11:45 a.m. - 12:00 p.m.	<ul style="list-style-type: none"> ● Integration: Personal Action Plan ● Community Share 	