



cognitive decline in Connecticut

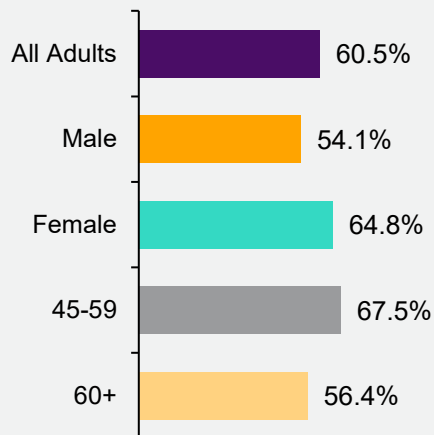
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Connecticut, 15.7% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD...

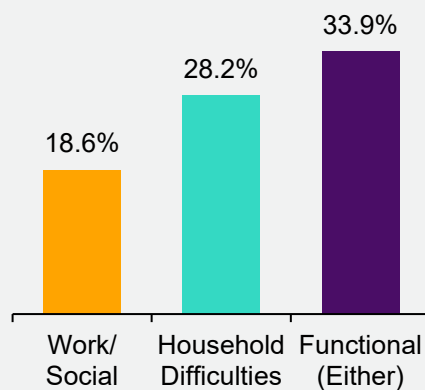
60.5% are worried about it.

Percentage with SCD who are worried



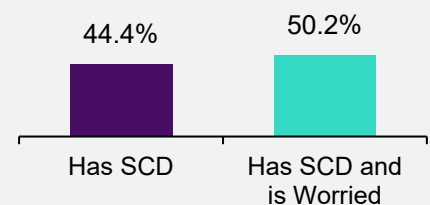
33.9% say it causes difficulties.

Percentage with SCD who have limitations



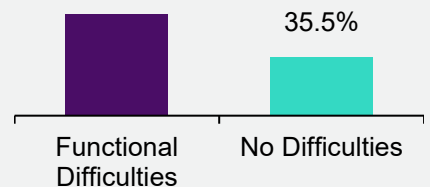
Only 44.4% have talked to a health professional about it.

Percentage who have spoken to a health care provider



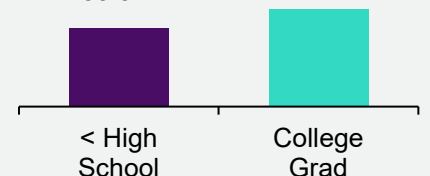
Those who are experiencing functional difficulties are more likely to talk to a provider . . .

62.1%



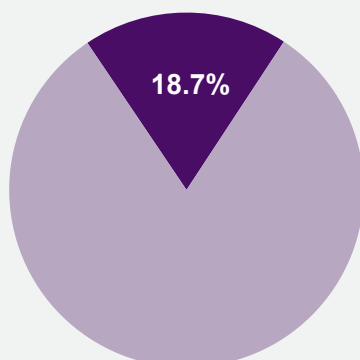
Those without a high school education are least likely to talk to a provider . . .

35.3%



18.7% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	17.3%
Male	13.8%
60 and older	16.1%
<High School	21.5%
High School	15.6%
Some College	17.2%
College Grad	13.7%
Income <\$15,000	28.4%
\$15,000 - \$24,999	23.3%
\$25,000 - \$49,999	15.0%
\$50,000 - \$74,999	14.6%
\$75,000 or more	12.9%
Veteran	15.9%
Fair/Poor Health	31.5%