



# cognitive decline in New York

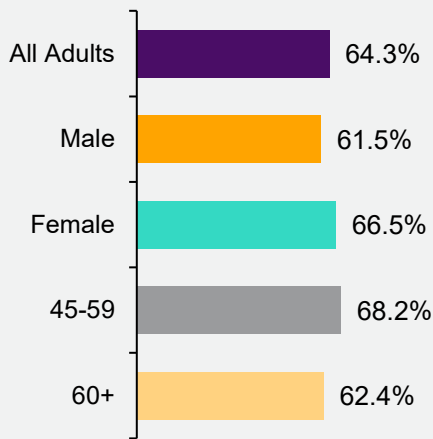
DATA FROM THE 2024 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In New York, 14.6% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

## Among those with SCD...

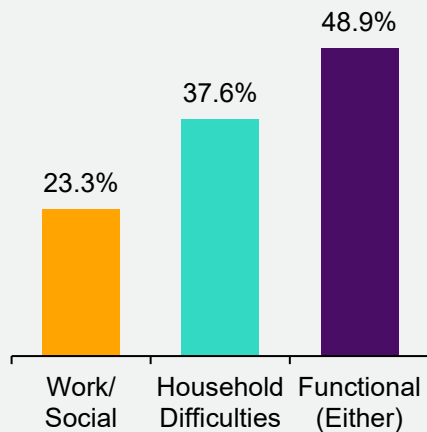
64.3% are worried about it.

Percentage with SCD who are worried



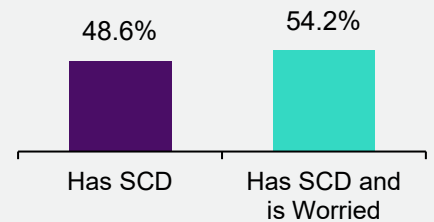
48.9% say it causes functional difficulties.

Percentage with SCD who have limitations

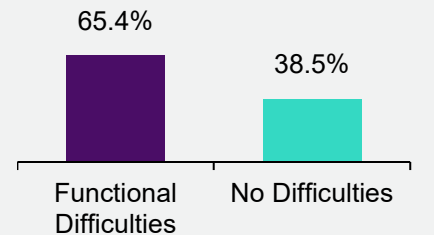


Only 48.6% have talked to a health professional about it.

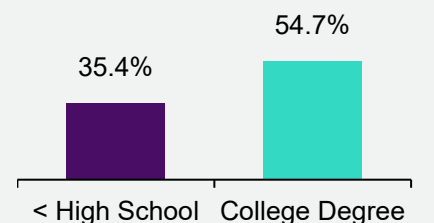
Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

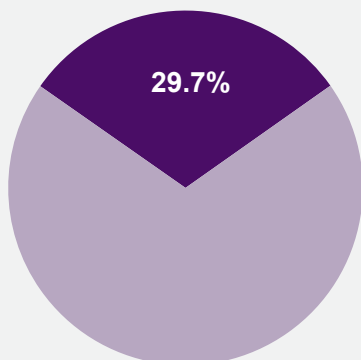


Those with a college degree are more likely to discuss their SCD with a health care provider . . .



29.7% live alone.

Percentage with SCD who live alone



### Percentage with SCD:

Female	15.8%
Male	13.4%
60 and older	16.0%
<High School	20.6%
High School Grad	12.1%
Some College	17.6%
College Grad	12.1%
Income <\$25,000	21.7%
\$25,000 - \$49,999	19.1%
\$50,000 - \$74,999	12.3%
\$75,000 - \$99,999	13.0%
\$100,000 or more	10.4%
Veteran	20.0%
Out of Work	25.4%