



cognitive decline in Alabama

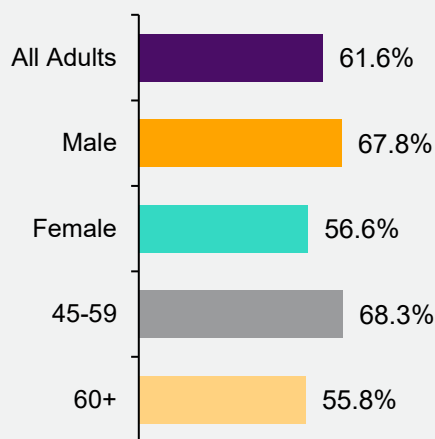
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Alabama, 19.6% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD...

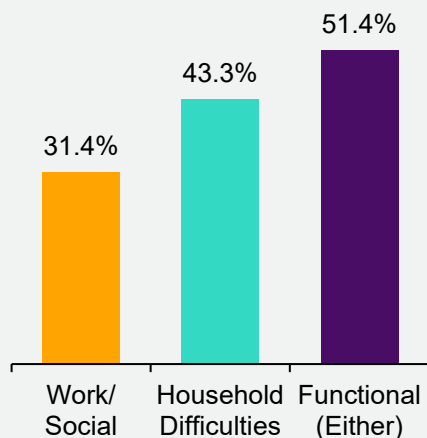
61.6% are worried about it.

Percentage with SCD who are worried



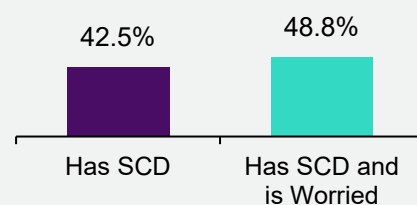
51.4% say it causes difficulties.

Percentage with SCD who have limitations

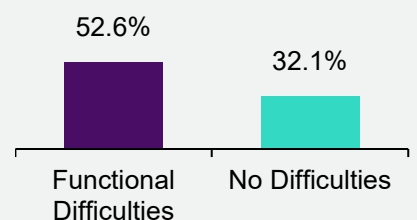


Only 42.5% have talked to a health professional about it.

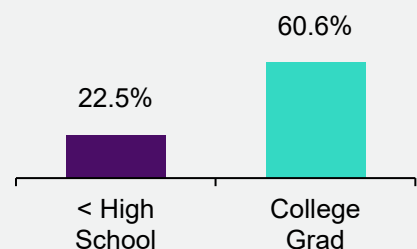
Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

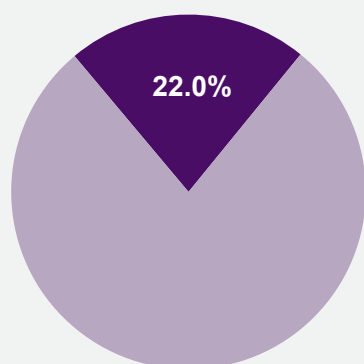


Those without a high school education are least likely to talk to a provider . . .



22% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	20.1%
Male	18.9%
60 and older	17.4%
<High School	27.9%
High School	18.6%
Some College	18.7%
College Grad	17.0%
Income <\$15,000	28.2%
\$15,000 - \$24,999	31.3%
\$25,000 - \$49,999	22.6%
\$50,000 - \$74,999	20.1%
\$75,000 or more	15.5%
Veteran	24.8%
Fair/Poor Health	37.1%