

IN-PERSON SUPPORT GROUPS

Presented by the Alzheimer's Association®



In-person support groups are available throughout Orange County. Pre-registration is encouraged, but walk-ins are welcome. To register or to learn more, please email the contact for each group.

LOS ALAMITOS

1st Tuesday | 3:00-4:30PM

Westmont of Cypress, Activity Room
4889 Katella Ave., Cypress, CA 90720
Contact Fara at faaidul@alz.org

MISSION VIEJO

3rd Wednesday | 9:30-11:00AM

Mt. of Olives Adult Day Program, Room F
24772 Chrisanta Dr., Mission Viejo, CA 92691
Contact Michelle at mipichardo@alz.org

HUNTINGTON BEACH

1st Monday | 5:00-6:30PM

Alzheimer's Family Center
9451 Indianapolis Ave, Huntington Beach, CA, 92646
Contact Fara at faaidul@alz.org

2nd Monday | 6:00-7:30PM

Calvary Chapel Beachside
19400 Beach Blvd., Room 1, Huntington Beach, CA
92648 Contact Fara at faaidul@alz.org

FOUNTAIN VALLEY | VIETNAMESE CAREGIVER SUPPORT GROUP

**Họp mặt hàng tháng, vào ngày thứ tư đầu
tiên của tháng**

Vital Access Care Foundation (VACF)
17150 Newhope St., Suite 201
Fountain Valley, CA 92708
Contact Fara at faaidul@alz.org

These groups are for caregivers of individuals, family and friends facing dementia.
For resources for professionals, call 800.272.3900. Student observation is not permitted!

Alzheimer's Association 24/7 Helpline: 800-272-3900

Call for free, around-the-clock help
and the latest information.

Llame para obtener ayuda y información
en español gratuita las 24 horas.

ONLINE SUPPORT GROUPS

Presented by the Alzheimer's Association®



Online meetings via Zoom. Registration required to receive login information. In person support groups are available in Orange County for family caregivers. **To register or to learn more, please email the contact for each group.**

MONTHLY GROUPS FOR FAMILY & FRIEND CAREGIVERS

2nd Tuesday | 7-8:30PM

Contact Michelle at mipichardo@alz.org

3rd Tuesday | 6:30-8:00PM

Contact Michelle at mipichardo@alz.org

MONTHLY GROUP FOR YOUNGER ONSET

(Caregivers of a loved one younger than 65 years old living with Alzheimer's disease or other dementia.)

3rd Thursday | 7-8:30PM

Contact Michelle at mipichardo@alz.org

MONTHLY GROUP FOR LGBTQ+ CAREGIVERS

2nd & 4th Thursday | 12:00-1:30PM

Contact Yael at 310-912-9120 or ywyte@alz.org

MONTHLY GROUP FOR YOUNG DEMENTIA CAREGIVERS

(Young caregivers of a parent or loved one living with Alzheimer's disease or other dementia.)

1st Monday | 7:30-9PM

Contact Yael at 310-912-9120 or ywyte@alz.org

GRUPO DE APOYO EN ESPAÑOL, TELEPHONE

2do & 4to martes del mes | 1-2:30PM

Contact Linda at 213-220-0713

Additional groups in other languages and for persons with early dementia are available through our network of chapters. Please call 800.272.3900 or search our online Community Resource Finder.

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