

ALZHEIMER'S ASSOCIATION

Rochester and Finger Lakes Chapter

April 2025

Programs and Services



The Alzheimer's Association, Rochester and Finger Lakes Region Chapter offers a variety of care and support programs to those impacted by Alzheimer's or another dementia.

All programs listed below are free of charge.

**Register today by calling our 24/7 Helpline at 800.272.3900
or by visiting our Community Resource Finder at alz.org/CRF.**

This publication is supported in part by grants from the New York State Department of Health, New York State Office for the Aging, Monroe County Office for the Aging, and the Health Resources and Services Administration & University of Rochester. All programs and services offered by the Alzheimer's Association are free to the public.

IN-PERSON FREE EDUCATION PROGRAMS

The Empowered Caregiver: Responding to Dementia-Related Behavior

Veterans of Foreign Wars
(Mt. Morris)
Wednesday, April 9
11:00 - 12:00 PM

The Empowered Caregiver: Supporting Independence

Victor Farmington Library
Wednesday, April 9
11:00 - 12:00 PM

The Empowered Caregiver: Responding to Dementia-Related Behavior

Dansville United
Methodist Church
Thursday, April 10
11:00 - 12:00 PM

Managing Money Schottland Family YMCA (Pittsford)

Thursday, April 10
12:15 - 1:15 PM

The Empowered Caregiver: Exploring Care and Support Services

Watkins Glen Public
Library
Tuesday, April 15
12:00 - 1:00 PM

The Empowered Caregiver: Exploring Care and Support Services

Penn Yan Public Library
Tuesday, April 15
4:30 - 5:30 PM

Healthy Living for Your Brain and Body

Wood Library
(Canandaigua)
Wednesday, April 16
11:00 - 12:00 PM

The Empowered Caregiver: Responding to Dementia-Related Behavior

Perinton Community
Center
Wednesday, April 16
1:00 - 2:00 PM

Healthy Living for Your Brain and Body

Hilton Parma Rec Center
Thursday, April 17
10:00 - 11:00 AM

The Empowered Caregiver: Building Foundations of Caregiving

Seymour Library
(Brockport)
Thursday, April 17
1:30 - 2:30 PM

Healthy Living for Your Brain and Body

Newark Public Library
Thursday, April 17
2:00 - 3:00 PM

Healthy Living for Your Brain and Body

Livonia Public Library
Friday, April 18
11:00 - 12:00 PM

The Empowered Caregiver: Building Foundations of Caregiving

Dansville Public Library
Monday, April 21
1:00 - 2:00 PM

Comprendiendo el Alzheimer y la Demencia (en Español)

Iglesia de Cristo
Misionera, Inc.
(676 Hudson Ave)
Miércoles, 23 de abril
6:30 - 7:30 PM

Understanding Alzheimer's and Dementia

Town of Ontario, NY
Recreation and Parks
Department
Thursday, April 24
10:30 - 11:30 AM

Understanding Alzheimer's and Dementia

Fairport Public Library
Friday, April 25
12:30 - 1:30 PM

Understanding Alzheimer's and Dementia

Chili Community Center
Wednesday, April 30
12:30 - 1:30 PM

Frontotemporal Dementia and Primary Progressive Aphasia

Virtual Education Series



Rochester & Finger Lakes
Region Chapter

ROCHESTER
REGIONAL HEALTH



UNIVERSITY of
ROCHESTER
MEDICAL CENTER

April
02

Overview of Frontotemporal Degenerative Disorders

Wednesday, April 2, 12pm

To register online, click here:
tinyurl.com/2px9x9sj



Marla Bruns, MD, PhD

April
09

Cognitive and Behavioral Concerns in Frontotemporal Dementia

Wednesday, April 9, 12pm

To register online, click here:
tinyurl.com/mr3txkxt



Tanya Grace, PsyD

April
16

Managing Caregiver Stress

Wednesday, April 16, 12pm

To register online, click here:
tinyurl.com/3c246bpc



Megan Zommers, MA

April
23

Behavioral Management and Medication Options

Wednesday, April 23, 12pm

To register online, click here:
tinyurl.com/2ukzybsa



David Gill, MD

April
30

Connecting with Local Resources

Wednesday, April 30, 12pm

To register online, click here:
tinyurl.com/y62ndehd

For more information, call: **800.272.3900**
www.alz.org/rochesterny

ALZHEIMER'S ASSOCIATION®

DR. LEMUEL AND GLORIA ROGERS

AFRICAN AMERICAN HEALTH SYMPOSIUM

Honoring our Caregivers: The Strength Behind the Journey



Francis J. Clement, CFP
Wealth Management Advisor
Clement Wealth Management



Keynote Speaker
Dr. Melany Silas-Chandler
Restorative Wellness Educator
BreatheDeep, Inc.



Miles Zatkowsky, Esq.
Elder Law Attorney
Rochester Elder Law

Thursday, April 3, 2025

9 AM – 3 PM

Eisenhart Auditorium at the
Rochester Museum and Science Center
657 East Avenue, Rochester, NY 14607

This is a free event and lunch will be provided.

**For more information or to register,
please call 800.272.3900**

Free, onsite respite is available with advance notice. Please contact Megan Vance at (585) 244-8400.

Interpreter services are available upon request.



This program is funded, in part, by a grant from the New York State Department of Health.

COMMUNITY FORUMS

Join us to share your experience, and be part of the discussion around community resources for caregivers and people with dementia. Together, we can help enhance care and support resources for those facing Alzheimer's Disease and other dementias.

Registration is required. Call the Alzheimer's Association 24/7 Helpline at 1-800-272-3900 for more information.



Rochester & Finger Lakes
Region Chapter



Seneca Falls Library
Tuesday, April 15
11am - 1pm

Wood Library (Canandaigua)
Tuesday, April 22
10am - 12pm

Williamson Public Library
Tuesday, April 22
11am - 1pm

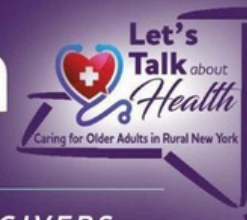
Stay tuned for more Community Forum dates!

This program is supported, in part, by grants from the New York State Department of Health.

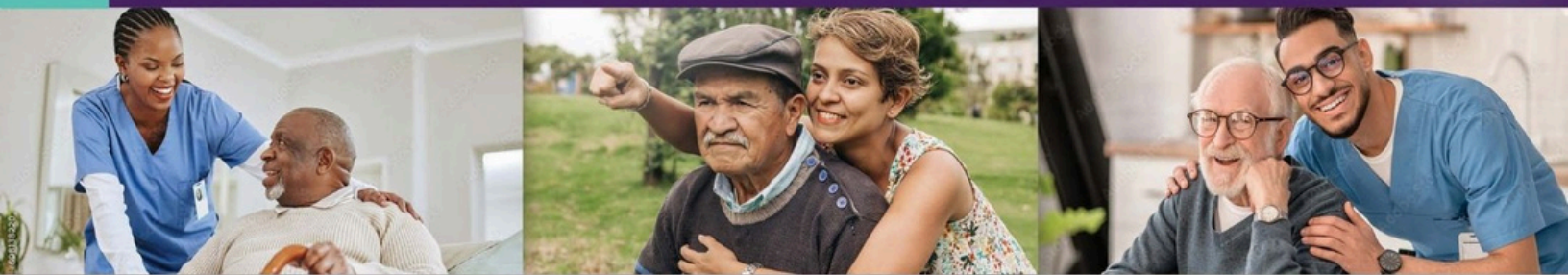
2025

Let's Talk About Health

CARING FOR OLDER ADULTS IN RURAL NEW YORK



A VIRTUAL CONFERENCE FOR HEALTHCARE PROFESSIONALS AND CAREGIVERS



FOR HEALTHCARE PROFESSIONALS & CAREGIVERS

**This event is focused on caring for
older adults in rural areas of NY.**

All are welcome!

Scan to Register



**FRIDAY, MAY 9
8:30 AM - 4 PM**

**A fitness band
will be sent to
the first 100
people who
register by
April 18!**

Register Today!
tinyurl.com/RHC2025registration

**For more information visit bit.ly/RuralHealth25
OR e-mail tsblasio@alz.org**

The conference planning committee is committed to making this event accessible to all participants.
ASL services will be made available upon request. Email tsblasio@alz.org for more information.

Continuing education credits available.

Western New York Rural Area Health Education Center, Inc. (WNY R-AHEC) is recognized by the New York State Education Department's State Boards for Social Work (#SW-0685), Physical Therapy, Occupational Therapy, Speech Language Pathology, and Mental Health Practitioners (#MHC-0268) as an approved provider of continuing education for licensed social workers, physical therapists and assistants, occupational therapists, and assistants, speech language pathologists, and licensed mental health counselors.

This program is sponsored, in part, by grants from the NY State Department of Health.

Co-sponsored by:



Family & Friends Private Education Session

If you, and your family and friends, would like to discuss one of our education topics during a private session in-person or by phone/webinar, please call 800.272.3900 and request to schedule a Family & Friends Education Session.



Todos los Programas Educativos son Gratis
Para Registrarse: Llame a nuestra Linea de Ayuda:
1.800.272.3900, visite ALZ.ORG/CRF

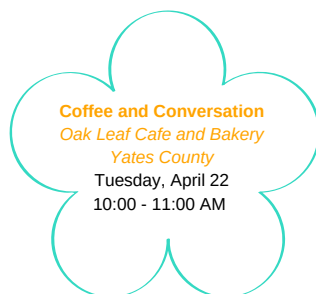


EARLY STAGE SOCIAL ENGAGEMENT ACTIVITIES

The Rochester and Finger Lakes Chapter offers **FREE** activities for individuals with early-stage Alzheimer's disease or another form of dementia and their care partners.
Pre-screening is required. Please call 1-800-272-3900 to register.



Meet Me at the MAG
Memorial Art Gallery
Monroe County
Tuesday, April 8
2:00 - 4:00 PM



Coffee and Conversation
Oak Leaf Cafe and Bakery
Yates County
Tuesday, April 22
10:00 - 11:00 AM



70s in Laser Light
Strasenburgh Planetarium
Monroe County
Wednesday, April 23
12:00 - 1:30 PM



RPO Open Rehearsal - An American
in Paris
Eastman Theatre
Monroe County
Wednesday, April 30
9:30 - 12:00 PM



Rochester & Finger Lakes
Region Chapter

Early Stage Social Engagement Programs

**SPRING
2025**

23

April

70s in Laser Light
Strasenburgh Planetarium at the
Rochester Museum and Science Center
12 PM – 1:30 PM

10

May

Jersey Boys
OFC Creations Theatre Center
2 PM – 4:30 PM

8

June

Beautiful: The Carole King Musical
Geva Theatre
2 PM – 5 PM

These programs are for individuals living with Alzheimer's disease or another dementia and their care partner/companion/family/friend. Registration is limited to two tickets per person - one person with early-stage dementia and one caregiver.

**REGISTRATION IS REQUIRED.
CALL 800.272.3900 TO REGISTER**



More Information at
www.alz.org/rochesterny

This program is funded by a grant from the John F. Wegman Fund
of Rochester Area Community Foundation.

SUPPORT GROUP DESCRIPTION

Caregiver Support Groups create a safe, confidential, supportive environment or community, and a chance for participants to develop informal mutual support and social relationships. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems.

CAREGIVER SUPPORT GROUPS

Perinton, Monroe

Perinton Community
Center
Tuesday, April 1
10:00 – 11:30 AM

Victor, Ontario

Victor Farmington
Library
Tuesday, April 1
11:00 – 12:00 PM

Fairport, Monroe

Fairport Public Library
Tuesday, April 1
12:30 – 2:00 PM

Canandaigua, Ontario

Wood Library
Tuesday, April 1
2:00 – 3:00 PM

Virtual Lewy Body Dementia

Wednesday, April 2
2:00 – 3:00 PM

Hornell, Steuben

Hornell Public Library
Thursday, April 3
12:30 – 1:30 PM

Dansville, Livingston

Dansville Public Library
Monday, April 7
1:00 – 2:00 PM

Watkins Glen, Schuyler

St. James'
Episcopal Church
Monday, April 7
6:00 – 7:00 PM

Pittsford, Monroe

Brookdale Pittsford
Tuesday, April 8
11:00 – 12:00 PM

Geneva, Ontario

Geneva Presbyterian
Church
Tuesday, April 8
1:00 – 2:00 PM

Virtual Session

Tuesday, April 8
4:00 – 5:00 PM

Macedon, Wayne

Macedon Public Library
Tuesday, April 8
6:30 – 7:30 PM

Irondequoit, Monroe

Irondequoit Public Library
Wednesday, April 9
6:00 – 7:00 PM

Virtual Frontotemporal Dementia

Friday, April 11
1:00 – 2:00 PM

Waterloo, Seneca

Seneca County Office
for the Aging
Friday, April 11
2:00 – 3:00 PM

Newark, Wayne

Newark Public Library
Tuesday, April 15
5:45 – 6:45 PM

SUPPORT GROUPS CONTINUED

Horseheads, Chemung
First Presbyterian Church
Wednesday, April 16
11:00 – 12:00 PM

Greece, Monroe
Greece Baptist Church
Wednesday, April 16
3:00 – 4:00 PM

Webster, Monroe
Webster Senior Center
Wednesday, April 16
3:30 – 5:00 PM

Corning, Steuben
Corning Senior Center
Thursday, April 17
2:00 – 3:00 PM

**Virtual Black/African
American**
Thursday, April 17
6:00 – 7:00 PM

Dundee, Yates
Dundee Library
Tuesday, April 22
4:00 – 5:00 PM

Brockport, Monroe
Seymour Library
Tuesday, April 22
6:30 – 8:00 PM

Ovid, Seneca
Edith B. Ford
Memorial Library
Wednesday, April 23
5:45 – 6:45 PM

Brighton, Monroe
Alzheimer's Association
Office
Thursday, April 24
1:00 – 2:00 PM

Geneseo, Livingston
Interfaith Center
Thursday, April 24
1:00 – 2:00 PM

**Virtual Loved Ones in
ALF/LTC**
Thursday, April 24
4:00 – 5:30 PM

Elmira, Chemung
Steele Memorial Library
Saturday, April 26
1:30 – 2:30 PM

Penn Yan, Yates
Penn Yan Public Library
Monday, April 28
4:00 – 5:00 PM

Men's Morning Virtual
Tuesday, April 29
10:00 – 11:00 AM

**Women: Wives and
Partners Virtual**
Tuesday, April 29
4:00 – 5:30 PM



For more information or to register,
Call 800.272.3900

Las Consultas de Cuidado de la Alzheimer's Association son conversaciones personales y privadas para usted y su familia con nuestros profesionales capacitados en el conocimiento del Alzheimer u otras demencias. Estamos aquí para ayudarle a usted y a su ser querido a navegar las decisiones difíciles y las incertidumbres que rodean el vivir con el Alzheimer u otra demencia. Podemos proporcionar consejos sobre cómo involucrarse en actividades significativas y ofrecer dirección sobre estrategias de comunicación y cambios de comportamiento. Nuestro personal ayudará a evaluar sus necesidades y proporcionar asistencia y planificación personalizada. Usted no está solo en este camino. Por favor, llámenos en cualquier momento para programar una cita. Estamos disponibles 24/7 en nuestra Línea de Ayuda: 800.272.3900.

ONE-ON-ONE SUPPORT

Care Consultations from the Association are personal and private conversations for you and your family with our trained professionals in Alzheimer's or another dementia. We are here to help you and your loved one navigate difficult decisions and uncertainties around living with Alzheimer's or another dementia. We can provide tips on how to engage in meaningful activities and offer guidance with communication techniques and behavior changes. Our staff will help to assess your needs and provide personalized assistance and planning. You are not alone in this journey. Please call us anytime to schedule a meeting. We are here 24/7 at 800.272.3900



ALZHEIMER'S  ASSOCIATION®

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