

Working Toward Gender and Health Equities in Health Care

Saturday, July 26, 2025 | 1-5 p.m.

Westin Harbour Castle- Queens Quay — Toronto, Canada

All times are in Eastern Standard Time

In-person attendance only

Overview

The workshop aims to shed light on the systemic factors contributing to these inequities and their impact on women's health. Attendees will gain insight into the historical roots of gender bias in health research, analyze specific cases of how these biases perpetuate inequities, and explore actionable strategies to advocate for inclusive practices. This session will empower participants to challenge the status quo and contribute to creating a health care system that better addresses the unique needs of all genders. Through an engaging exploration of real-world examples, participants will uncover the disparities between genders in health data, research methodologies, and technological design.

Organizing Committee

- Arshia A Khan, Ph.D.
- Patricia Khashayar, MD, PhD

Target Audience

This ISTAART immersive workshop is designed for individuals in research at the beginner level.

Learning Objectives

1. Understand the importance of health and gender equality
2. Develop strategies and guidelines to conduct equitable health research practices.
3. Practice critical thinking, engage in higher order discussions, encourage multiple perspectives while respecting other people's opinions and ideas, construct logical arguments and effectively problem-solve while being gender equitable.

Registration

Educational workshops are offered for in-person attendance only. Workshops require a separate registration fee in addition to AAIC full conference registration, or they may be purchased as stand-alone events. Visit alz.org/AAIC.

Agenda: July 26, 2025 | 1:00 pm - 5:00 PM

Time	Session Details	Speakers and Moderator
12:00 - 1:00 pm	Lunch (<i>Westin Metropolitan Ballroom</i>)	
1:00 pm	Introductions and polling for baseline	Arshia Khan and Patricia Khashayar
1:10 - 1:40 pm	Understanding health and gender inequities <ul style="list-style-type: none"> - Overview of sex as a social determinant of health - Key disparities and how they intersect with race, class, sexuality, and ability 	Arshia Khan and Patricia Khashayar
1:40 - 2:20 pm	Case Study Breakouts: Guided questions: <ul style="list-style-type: none"> - Where do we see the most pronounced disparities in how men and women experience care or are treated for certain diseases? 	Facilitator: Arshia Khan and Patricia Khashayar

	<ul style="list-style-type: none"> - Which medical conditions show the largest statistical gaps in diagnosis, or outcomes between men and women? - Where have you noticed the most striking sex-based differences in disease progression? 	
2:20 - 2:40 pm	Break	
2:40 - 3:10 pm	Report discussion findings to larger group	
3:10 - 4:10 pm	Barrier Mapping: What could be done differently? <ul style="list-style-type: none"> - Groups identify structural, policy, or practice-based obstacles to gender equity in their own settings 	Facilitator: Arshia Khan and Patricia Khashayar
4:10 - 4:50 pm	Building Solutions: Strategies and guidelines to conduct equitable health research practices	Facilitator: Arshia Khan and Patricia Khashayar