

dementia caregiving in Arizona

DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

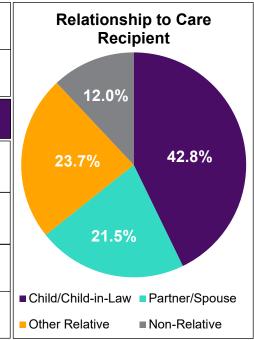
1 in 5 caregivers in Arizona (19.5%) is providing care to an individual with Alzheimer's or other form of dementia.

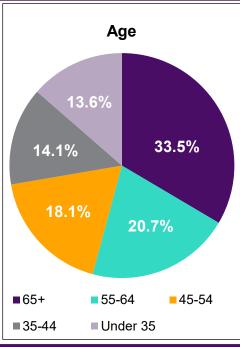
Who are dementia caregivers?

Female	63.7%
Male	36.3%
Also caring for a child	32.3%

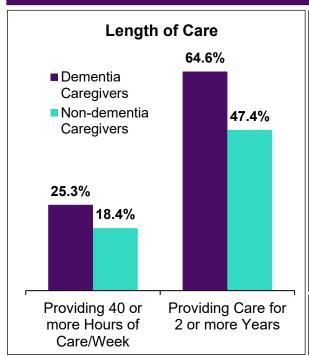
Health Effects

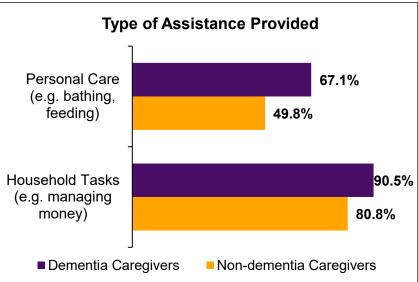
In frequent poor physical health	25.8%
In frequent poor mental health	22.5%
History of depression	26.5%
Socially Isolated	39.1%





What does dementia caregiving entail?





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