



cognitive decline in Oklahoma

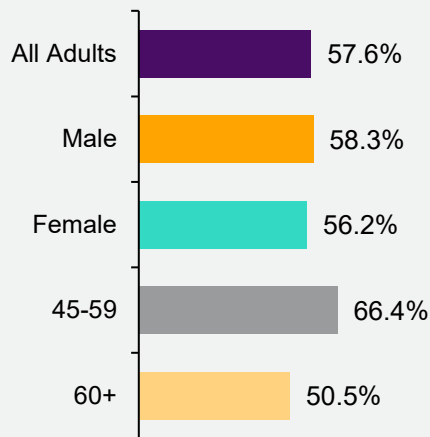
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Oklahoma, 19.9% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD...

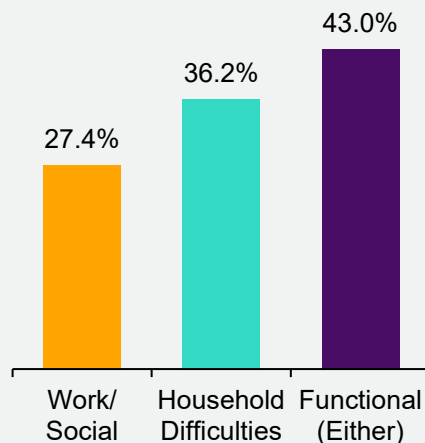
57.6% are worried about it.

Percentage with SCD who are worried



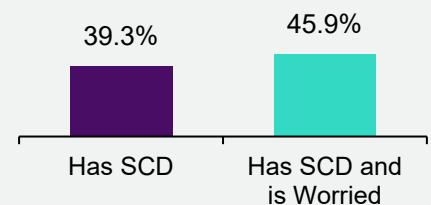
43% say it causes difficulties.

Percentage with SCD who have limitations

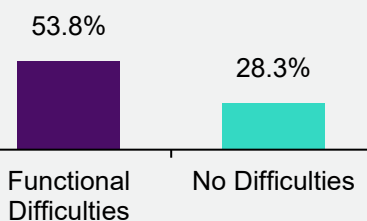


Only 39.3% have talked to a health professional about it.

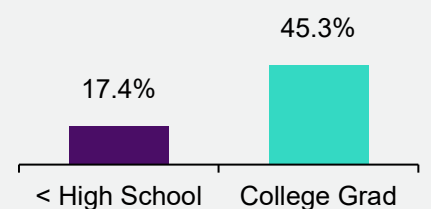
Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

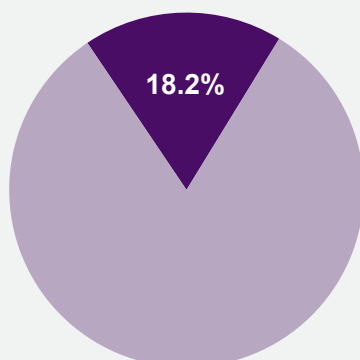


Those without a high school education are least likely to talk to a provider. . .



18.2% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	22.3%
Male	17.2%
60 and older	19.3%
<High School	26.1%
High School	21.7%
Some College	20.3%
College Grad	15.0%
Income <\$15,000	30.7%
\$15,000 - \$24,999	20.7%
\$25,000 - \$49,999	23.7%
\$50,000 - \$74,999	19.6%
\$75,000 or more	12.9%
Veteran	24.8%
Fair/Poor Health	37.8%