



# cognitive decline in North Dakota

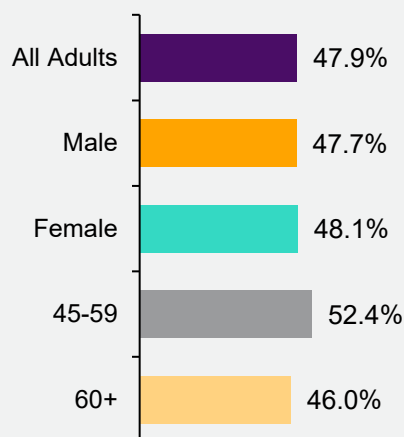
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In North Dakota, 15.5% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

## Among those with SCD...

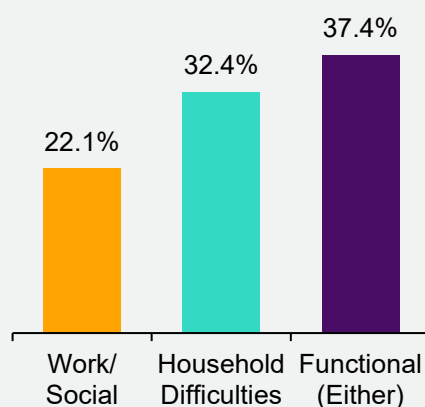
47.9% are worried about it.

Percentage with SCD who are worried



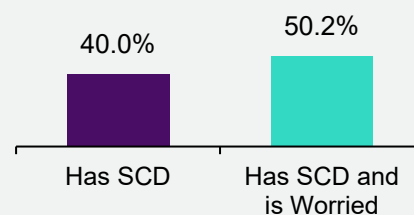
37.4% say it causes difficulties.

Percentage with SCD who have limitations



Only 40% have talked to a health professional about it.

Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

59.4%  
28.4%

Percentage who have spoken to a health care provider

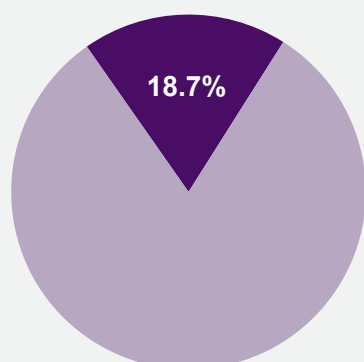
Those without a high school education are least likely to talk to a provider . . .

28.7%  
40.7%

Percentage who have spoken to a health care provider

18.7% live alone.

Percentage with SCD who live alone



## Percentage with SCD:

Female	15.6%
Male	15.4%
60 and older	17.0%
<High School	29.6%
High School	15.3%
Some College	15.2%
College Grad	13.1%
Income <\$15,000	32.0%
\$15,000 - \$24,999	30.1%
\$25,000 - \$49,999	18.2%
\$50,000 - \$74,999	16.6%
\$75,000 or more	10.9%
Veteran	22.4%
Fair/Poor Health	34.5%