

Welcome!

Matching Experiences: Understanding How Our Brain's Prediction Process Can Help Us Provide Quality Care

Facilitated by Kathryn Fassbender

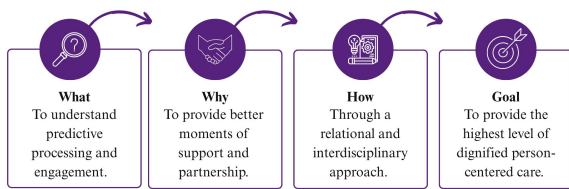
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LEARNING OBJECTIVES

1. Identify the importance of an interdisciplinary creative approach to care, both in role and experience.
2. Illustrate the impact of predictive processing and how it can help us better understand quality, purpose driven engagement.
3. Assemble a care approach using what we know about predictive processing.



JOURNEY FOR TODAY



WHAT IS ENGAGEMENT?

- Receptivity – We must first be receptive to the person before us.
- Relational – We need to be relational with the person we are supporting.
- Reliability – We are to share that we are there for them in all times.

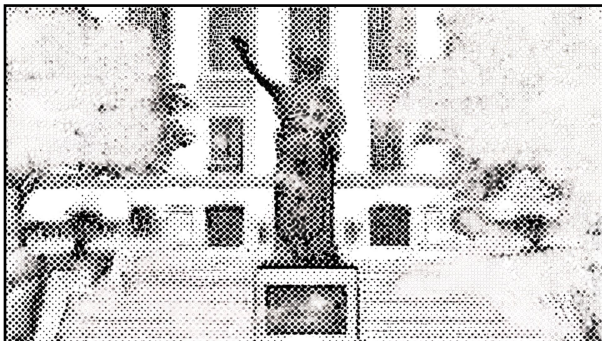


PREDICTIVE PROCESSING

What is it?

Predictive Processing is when the brain works to minimize surprise by pairing current sensory experiences with what the brain already knows.







MATCHING

- Environment – What is surrounding this moment via our sensory experience?
- Routine – What is the pattern of engagement or movement taking place?
- Social/Cultural Cues – How do we act in any give situation given our culture and social setting?



SELF AS CASE STUDY

- List what you do during the first hour of your day.
- List a few items that are part of that first hour, a coffee cup, a calendar, an object of meaning that sits on your nightstand.
- Think about what would happen if that routine was thrown off, or that item missing or broken. How does this impact your day?



INTERDISCIPLINARY APPROACH

All-hands-on deck approach. For everyone from the administrator to the nursing staff, housekeeping and dietary staff, and our volunteers. Each person is valuable, and everyone can partake in this process. It is not an approach reserved for social services or Life Enrichment.

- Team (other Professional Staff)
- Self
- Person Seeking our Care and Support



DEVELOPMENT OF CARE

- Becoming Relational
 - Who is before you?
- Applying Routine
 - What was and is their life rhythm.
- Building Systems
 - How do we communicate our findings with the team.



THANK YOU FOR ATTENDING

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About:

With a diverse background in Arts + Aging, and Dementia, Kathryne (Kate) Faubender magnifies the importance of creativity, faith, and human connection. She provides creative care, education, and innovative ways to look at how we live with dementia.

Kathryne earned her B.S. in Art Therapy from Edgewood College, with a Certificate in Drama Therapy from The New School in New York City.