



# cognitive decline in New Jersey

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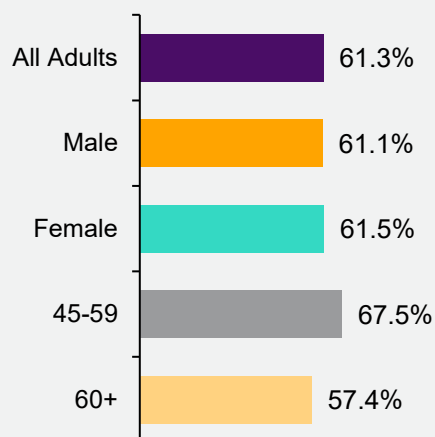
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In New Jersey, 15% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

## Among those with SCD...

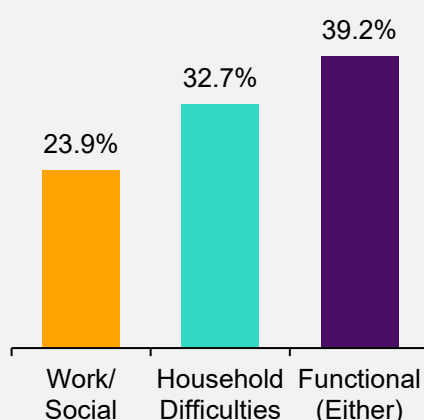
61.3% are worried about it.

Percentage with SCD who are worried



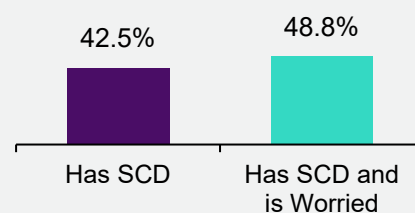
39.2% say it causes difficulties.

Percentage with SCD who have limitations

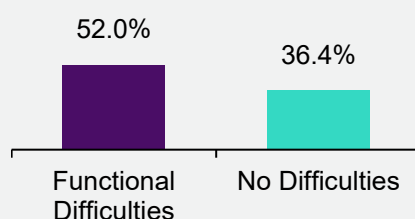


Only 42.5% have talked to a health professional about it.

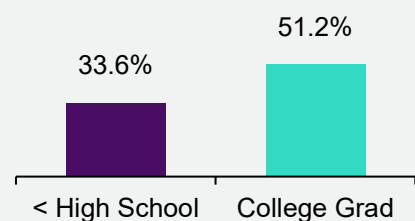
Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

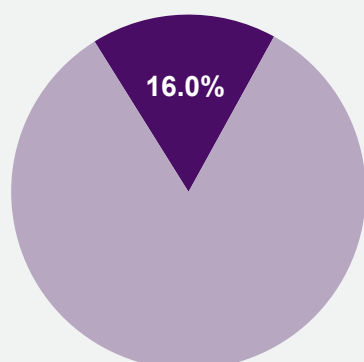


Those without a high school education are least likely to talk to a provider. . .



16% live alone.

Percentage with SCD who live alone



## Percentage with SCD:

Female	16.2%
Male	13.6%
60 and older	15.5%
<High School	21.7%
High School	16.2%
Some College	15.9%
College Grad	12.6%
Income <\$15,000	n/a
\$15,000 - \$24,999	12.9%
\$25,000 - \$49,999	20.0%
\$50,000 - \$74,999	15.5%
\$75,000 or more	11.3%
Veteran	16.2%
Fair/Poor Health	26.5%