

ALZHEIMER'S & DEMENTIA EDUCATION SERIES

Join us to learn about the signs, symptoms, causes and treatment of Alzheimer's disease, build confidence in your caregiving and develop skills that will help you on your caregiving journey.

10 WARNING SIGNS OF ALZHEIMER'S

JUNE 26TH @ 10 AM | CENTERWELL GULFGATE

545 Gulfgate Center Mall | Houston, TX 77087

Alzheimer's causes changes in memory, thinking and behavior that are not normal aging. Learn what to watch for in yourself and others

HEALTHY LIVING FOR YOUR BRAIN & BODY

JULY 31ST @ 10 AM | CENTERWELL DOWNTOWN E.

5104 Harrisburg Blvd Ste. 800 | Houston, TX 77011

Learn about diet & nutrition, exercise, cognitive activity and social engagement, and how to develop a plan for healthy aging.

UNDERSTANDING ALZHEIMER'S & DEMENTIA

AUGUST 28TH @ 10 AM | CENTERWELL BAYTOWN

6515 Garth Rd Ste. 150 | Baytown, TX 77521

Learn the basics of Alzheimer's disease, current research & treatments and available Alzheimer's Association resources



FOR MORE INFORMATION

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or call 800.272.3900