

CENTER FOR **DEMENTIA RESPITE** **INNOVATION**

Key Takeaways from “Sustaining Respite Innovations in HCBS Lessons” 2024-25 Keys to Sustainability Webinar # 4

- **Community Based Home Health (CBHH) Model**
 - **Unique program aspects**
 - Interdisciplinary, person-centered care
 - Biosocial assessments completed by RN-Ns
 - Active across multiple settings - home, hospital, primary care
 - Provide early intervention, caregiver support & chronic disease management
 - **Challenges in Cost and Scalability**
 - RN Navigators - often unreimbursable
 - Staffing issues - turnover and shortages
 - Data collection - time consuming, staff burden
 - Scaling - cost-prohibitive
 - **CareMobi (app) as a Solution**
 - Data entry is completed by caregivers
 - Data is shared immediately and automatically with family and care team
 - Reduces manual tasks by care team - reducing staff burden and cost
 - Increases team/family communication - increasing trust, continuity and transparency
 - Lightweight tech adoption - low barrier to entry for all parties
 - **Results & Outcomes**
 - High caregiver satisfaction & engagement
 - Increased retention at adult day service centers
 - Decreased severe depression & loneliness
 - Improved quality of life, nutrition, & pain management
 - **Sustainability Efforts**
 - Pursuing paid subscription model for larger organizations
 - Pursuing SBIR/STTR funding for commercialization
 - Advocating policy adoption for tech-enabled respite
 - Integrating into Medicaid waivers
- **Action Steps for Grantees**
 - Choose tools that reduce burden
 - Design affordable and adaptable solutions
 - Engage researchers as partners
 - Collaborate early and often with all members of the community