



cognitive decline in Minnesota

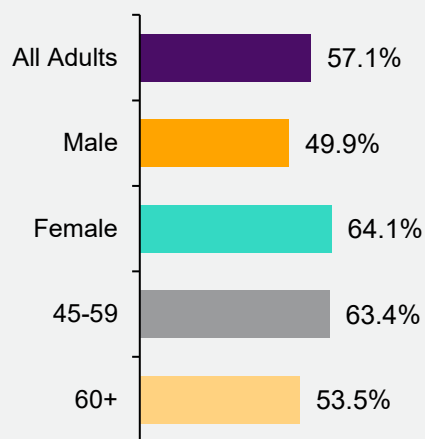
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Minnesota, 11% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD...

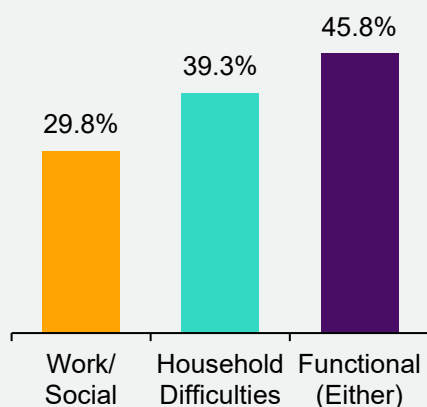
57.1% are worried about it.

Percentage with SCD who are worried



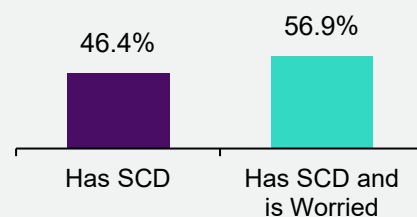
45.8% say it causes difficulties.

Percentage with SCD who have limitations

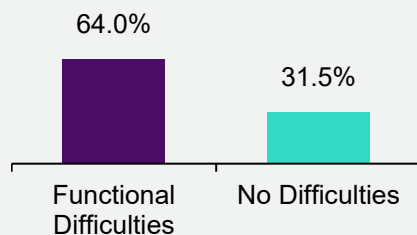


Only 46.4% have talked to a health professional about it.

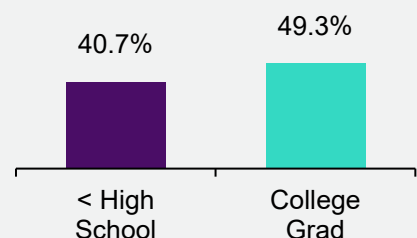
Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

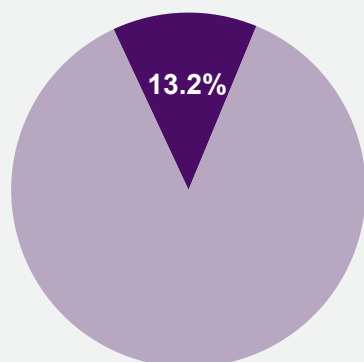


Those without a high school education are least likely to talk to a provider . . .



13.2% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	10.6%
Male	11.5%
60 and older	11.6%
<High School	14.2%
High School	10.9%
Some College	12.4%
College Grad	9.4%
Income <\$15,000	21.2%
\$15,000 - \$24,999	16.9%
\$25,000 - \$49,999	14.2%
\$50,000 - \$74,999	12.2%
\$75,000 or more	7.5%
Veteran	14.2%
Fair/Poor Health	25.2%