dementia caregiving in Virginia

ALZHEIMER'S ASSOCIATION®

DATA FROM THE 2024 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 5 caregivers in Virginia (21.6%) is providing care to an individual with Alzheimer's or other form of dementia.

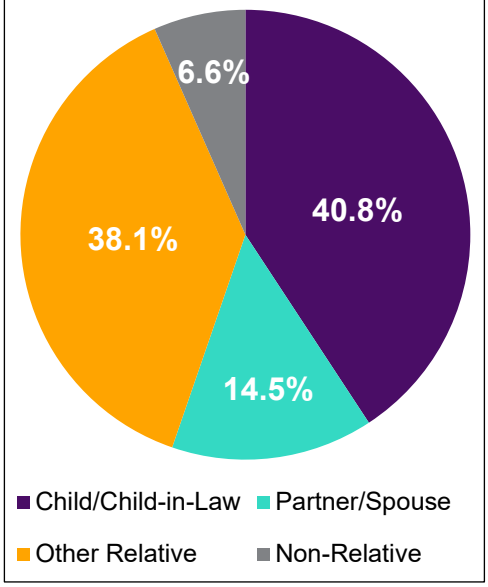
Who are dementia caregivers?

Female Male	67.5% 32.5%
Also caring for a child	30.6%

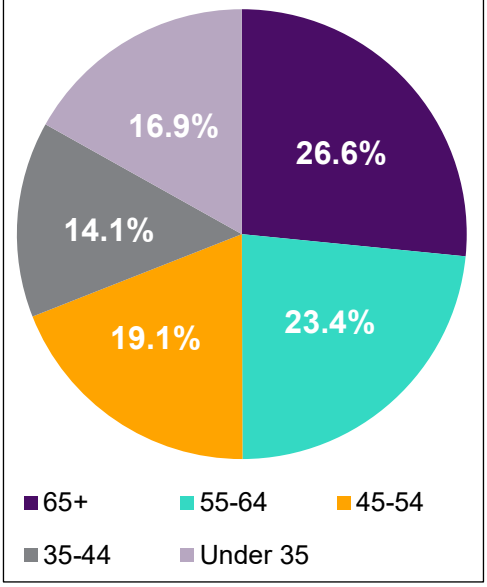
Health Effects

In frequent poor physical health	11.1%
In frequent poor mental health	20.2%
History of depression	28.0%
Current Smokers	15.9%

Relationship to Care Recipient

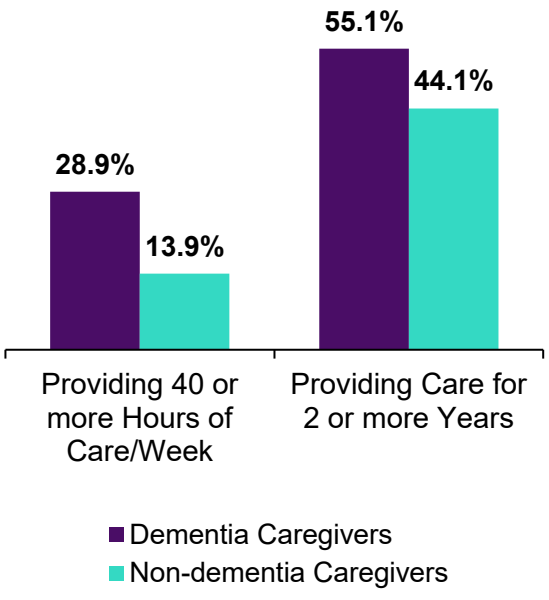


Age

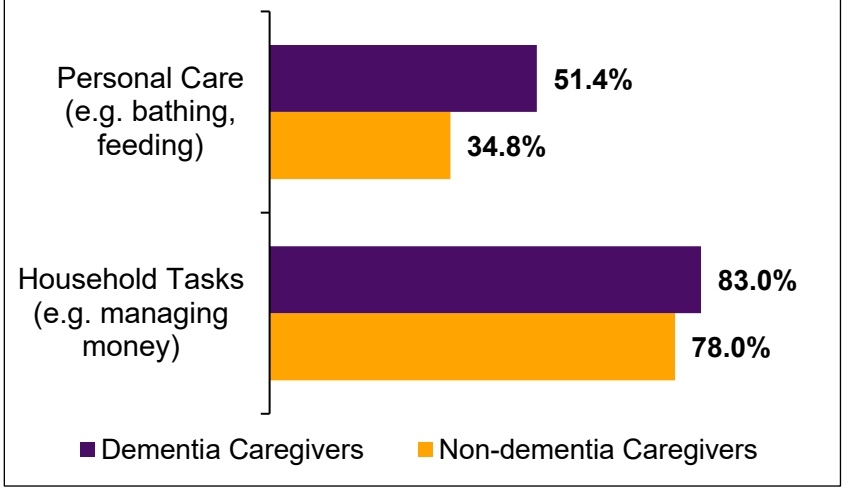


What does dementia caregiving entail?

Length of Care



Type of Assistance Provided



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