

# ALZHEIMER'S ASSOCIATION SUPPORT GROUPS

## Southeastern Virginia Chapter



### Support Groups for Caregivers

Support group details are updated regularly and subject to change. Call 800.272.3900 to register.

#### **Chesapeake, VA**

Fourth Monday | 1 p.m.  
Chesapeake Lifestyle Center  
800 N. Battlefield Blvd., Chesapeake VA

#### **Farmville, VA**

First Wednesday | 2 p.m.  
St. John's Lutheran Church  
1301 Milnwood Rd., Farmville, VA

#### **Hampton, VA**

Third Saturdays\* | 11 a.m.  
Sixth Mount Zion Baptist Temple  
3100 Butternut Dr., Hampton VA  
\*=Every other month: Jan, March, May, July, Sept., Nov.

#### **Newport News, VA**

First Wednesday | 7 p.m.  
Orcutt Baptist Church  
653 Baxter Ln., Newport News VA

Second Wednesday | 1 p.m.  
Peninsula Agency on Aging  
739 Thimble Shoals Blvd.  
Newport News, VA

#### **Norfolk, VA**

Second Thursday | 1 p.m.  
Trinity and Central Baptist Churches  
Fellowship Hall  
701 W Olney Road, Norfolk, VA

Second Saturday | 10 a.m.  
Grace Episcopal Church  
1400 E. Brambleton Avenue, Norfolk VA  
23504

#### **Portsmouth, VA**

First Thursday | 1 p.m.  
Third Baptist Church  
461 Godwin Street, Portsmouth VA

#### **Suffolk, VA**

First Tuesday | 1 p.m.  
Lake Prince Woods  
100 Anna Goode Way, Suffolk, Virginia

#### **Virginia Beach, VA**

Third Monday | 12 p.m.  
Our Lady of Perpetual Help  
4560 Princess Anne Road,  
Virginia Beach, VA  
Registration required, call 757.495.4211

#### **Williamsburg**

1st Wednesday | 1 p.m.  
Peninsula Agency on Aging  
4551 John Tyler Hwy, Ste 101  
Williamsburg VA

#### **Virtual Meetings**

3rd Friday | 3 p.m.  
Smithfield

2nd Thursday | 11-12 p.m.  
Williamsburg

#### **Filipino Support Group**

Fourth Saturdays\* | 3 p.m.  
Philippine Cultural Center of VA  
4857 Baxter Rd., Virginia Beach VA  
\*= Every other month: Feb., April, June, Aug., Oct., Dec.