



cognitive decline in Virginia

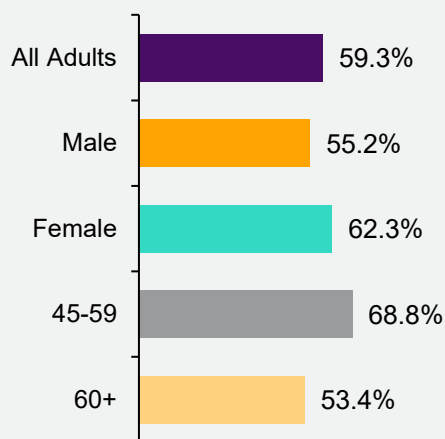
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Virginia, 16.3% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD...

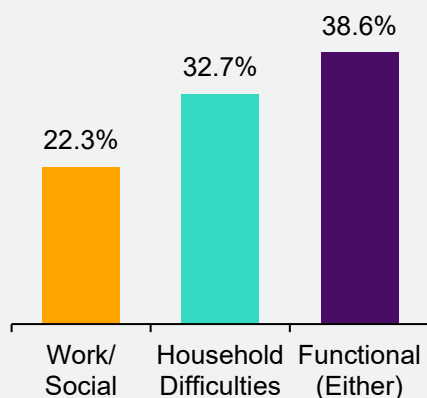
59.3% are worried about it.

Percentage with SCD who are worried



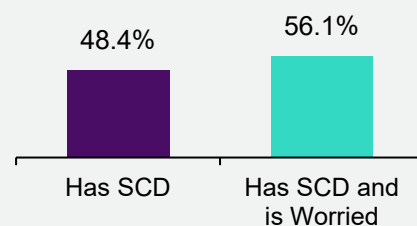
38.6% say it causes difficulties.

Percentage with SCD who have limitations

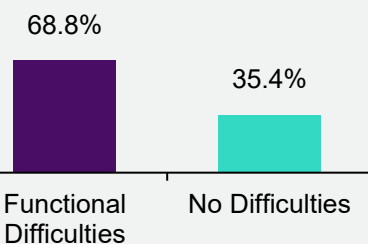


Only 48.4% have talked to a health professional about it.

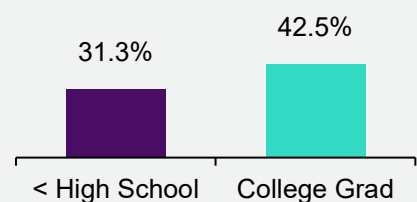
Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

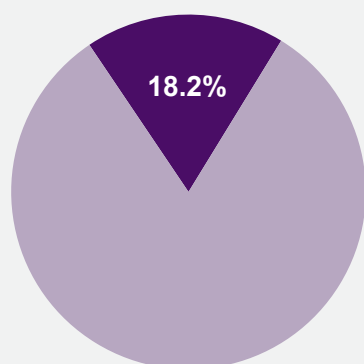


Those without a high school education are least likely to talk to a provider. . .



18.2% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	16.9%
Male	15.5%
60 and older	17.3%
<High School	22.8%
High School	18.6%
Some College	16.8%
College Grad	13.0%
Income <\$15,000	20.0%
\$15,000 - \$24,999	27.9%
\$25,000 - \$49,999	17.8%
\$50,000 - \$74,999	16.0%
\$75,000 or more	12.6%
Veteran	19.1%
Fair/Poor Health	30.4%