

## Oklahoma Chapter Support Groups

For caregivers of people with Alzheimer's disease and other dementias

- Please contact facilitator of group before attending for the first time
- Visit [alz.org/crf](http://alz.org/crf) ([CommunityResourceFinder.org](http://CommunityResourceFinder.org)) to register for meeting or call 800-272-3900
- All groups are for caregivers unless otherwise noted

Location and Schedule	Address	Facilitator(s)
<b>Mondays</b>		
<b>Virtual</b> 1st and 3rd Monday 10:30AM to 11:30AM	Virtual Support Group Contact Facilitator for Zoom information	Chasity Lewis (918) 230-9196 chasity.lewis@irisseniorliving.com Co-Facilitator: Martha Rains
<b>Ponca City</b> 2nd Monday 1:00PM to 2:00PM	Carolyn Renfro Event Center 445 Fairview Ave Ponca City, OK 74601	Lilly Freeman (580) 762-9412 rsvpforkayco@outlook.com
<b>Tulsa</b> 2nd Monday 2:30PM to 3:30PM	Iris Memory Care of Tulsa 9494 E 101st St S Tulsa, OK 74133	Chasity Lewis (918) 230-9196 chasity.lewis@irisseniorliving.com Co-Facilitator: Ed Phillips
<b>Oklahoma City</b> 1st Monday 2:00PM- 3:00PM	Jasmine Estates 2232 SW 104th St. Oklahoma City, OK 73159	Kristen Thomas 405-229-5359 kristen@scrs-ok.com
<b>Mustang</b> 2nd and 4th Monday 6:30PM to 7:30PM	Chisholm Heights Baptist Church 2243 W State Hwy 152 Mustang, OK 73064	Tana Munding (405) 474-5950 tmunding46@outlook.com
<b>Yukon</b> 3rd Monday 6:00 PM to 7:00 PM	Spanish Cove 11 Palm St Yukon, OK 73099	Melissa Patterson (405) 354-5906 mpatterson@spanishcove.com
<b>Oklahoma City</b> Every Monday 11:00AM to 12:15PM	Crossings Community Church 14600 N Portland Ave, Room 230 Oklahoma City, OK 73134	Scott Conrad (405) 651-3088 sconrad290@gmail.com
<b>Tuesdays</b>		
<b>Edmond</b> 1st Tuesday 6:30PM to 8:00PM	Memorial Rd Church of Christ 2221 E Memorial Rd Edmond, OK 73013	Dawn Hemphill (580) 528-1024 dawn.hemphill@gmail.com
<b>Norman East</b> 1st Tuesday 12:00PM to 1:15PM	Community Services Bldg 1183 E Main St Norman, OK 73071	Dr Andrea Clark (405) 514-5353 fairdoc@hushmail.com
Location and Schedule	Address	Facilitator(s)

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Tuesdays (cont.)		
<b>Sand Springs</b> 1st Tuesday 3:00PM to 4:00PM	Green Tree Assisted Living 4402 S 129th E Ave Sand Springs, OK 74063	DeLisa Scott (918) 246-8733 DeLisa.Scott@legendseniorliving.com
<b>Shawnee</b> 3rd Tuesday 1:00PM to 2:00PM	Senior Recreation Center 401 N Bell Ave Shawnee, OK 74801	Lexi Wong (405) 618-3744 awong@shawneememorycare.com
<b>Elk City</b> 2nd Tuesday 6:00PM to 7:30PM	First Assembly of God 2701 S Randall Elk City, OK 73644	Kristi Chervenka (580) 303-1161 kristi.renae88@gmail.com
<b>Enid</b> 2nd and 4th Tuesday 11:00AM to 12:00PM	2nd Home Adult Daycare 2006 W Willow Rd Enid, OK 73703	Karen Womack 580-297-4034 karen.womack@2ndhomeadultdaycare.org
<b>Edmond</b> 2nd Tuesday 6:30PM to 7:30PM	Tealridge Independent Living 2100 NE 140th St Edmond, OK 73013	Herb Magley (405) 531-1030 hmagley@cox.net
<b>Tulsa</b> 3rd Tuesday 3:00PM to 4:00PM	The Stonehaven 10802 E 81st St Tulsa, OK 74133	Amy Haggard (918) 694-5533 amy.haggard@legendseniorliving.com
<b>Tulsa</b> 4th Tuesday <b>For 2SLGBTQIA+ Caregivers</b> 4:30PM-6:00PM	All Souls Unitarian Church 2952 S Peoria Tulsa, Ok 74114 Thoreau Lounge	Pastor Randy Lewis rlewis@allsoulschurch.org Co-Facilitator: Courtney Ivy courtney@nextlevelsenior.com
<b>Claremore</b> 3rd Tuesday 10:00AM to 11:00AM	Claremore Methodist Church 1615 Hwy 88 Claremore, OK 74017	Karen Youngquist 918-691-4999 kyoungq455@aol.com
<b>Stillwater Central</b> 4th Tuesday 4:30PM to 5:30PM	Stillwater Public Library 1107 S Duck St Stillwater, OK 74074	Valerie Bloodgood (405) 377-8012 vbloodgood@stillwater-medical.org
<b>Owasso</b> 4th Tuesday 5:30 to 7:30PM	Owasso Community Ctr 301 S Cedar St Owasso, OK 74055	Shaun Thaxton (918) 671-0757 sthaxton@completeok.com Co-Facilitator: Bethany Wood
<b>Tulsa</b> 4th Tuesday 4:30 to 5:30 <b>For 2SLGBTQIA+</b>	All Souls Unitarian Church 2952 S Peoria Tulsa, Ok 74114 Thoreau Lounge	Pastor Randy Lewis rlewis@allsoulschurch.org Co-Facilitator: Courtney Ivy courtney@nextlevelsenior.com
<b>Bethany</b> 4th Tuesday 6:00PM to 7:00PM	Bethany Library 6700 NW 35th Street Bethany, Oklahoma 73008	Herb Magley 405-531-1030 hmagley@cox.net

### Wednesdays

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<b>Bartlesville</b> 1st and 3rd Wednesday 3:00PM to 4:00PM	Bartlesville First Church 4715 Price Rd Bartlesville, OK 74006	Patti Lundeen (832) 541-6059 pattilundeen@gmail.com Co-Facilitator: Ann Woodin
<b>Oklahoma City Hybrid For Early Stage Person &amp; Caregiver</b> 2nd and 4th Wednesday 6:00PM to 7:30PM	Alzheimer's Assoc Office 6601 Broadway Ext Ste 120 Oklahoma City, OK 73116 OR Contact Facilitator for Zoom info	Herb Magley (405) 531-1030 hmagley@cox.net Co-Facilitator: Kevin Statham
<b>Location and Schedule</b>	<b>Address</b>	<b>Facilitator(s)</b>
<b>Wednesdays Cont</b>		
<b>Anadarko Hybrid</b> 1st Wednesday 1:00PM to 2:00PM	Anadarko Community Library 215 W Broadway St, Anadarko Anadarko, OK 73005 OR Contact Facilitator for Zoom info	Diane Hugar (405)247-8677 diane.hugar@wichitatribe.com Josh Huanpo josh.haunpo@wichitatribe.com
<b>Tahlequah</b> 1st Wednesday 1:00PM to 2:00PM	Cherokee Nation Outpatient Health Center Community Room B 19600 E Ross Street Tahlequah OK 74464	Jessica Lewandowski jessica-lewandowski@cherokee.org  Chandler Romero   918-525-2196 chandler-romero@cherokee.org
<b>Tulsa</b> 3rd Wednesday	The Grove at Midtown 5211 S Lewis Tulsa, OK 74105	Theresa Short 918-743-2700   tshort@grovemidtown.com
<b>Lawton</b> 1st and 3rd Wednesday 10:00AM to 12:00PM	Cameron Baptist Church 2621 SW C Ave. Lawton, OK 73505	Cindy Batty 580-284-4162 tcjbatty@yahoo.com
<b>Norman</b> 2nd Wednesday 1:00PM to 2:00PM	Rivermont AL & MC 750 S Canadian Trails Dr Norman, OK 73072	Stacy Olson (405) 360-6056 stacy.olson@legendseniorliving.com
<b>Moore</b> 2nd Wednesday 6:30PM to 8:00PM *email for summer hours	First Moore Baptist Church 301 NE 27th St Moore, OK 73160	Debbie Adam (405) 245-0401 adam1954debbie@gmail.com
<b>Stillwater</b> 2nd Wednesday 12:00PM to 1:00PM	Life Adult Day Center 411 W Matthews Ave Stillwater, OK 74075	Brooke Kimmel (405) 707-9406 jennifer.kimmel@traditionshealth.com
<b>Oklahoma City</b> 2nd and 4th Wednesday 1:00PM to 2:30PM	Maps 3 Health & Wellness 11501 N Rockwell Ave Oklahoma City, OK 73162	Kristin Hatter (405) 666-5404 khatter@firstlighthomecare.com
<b>Oklahoma City</b> 3rd Wednesday 5:30PM to 6:30PM	Iris Memory Care of NW OKC 12000 N MacArthur Blvd. Oklahoma City, OK 73162	Denise Diaz (405) 696-8700 denise.diaz@irisseniorliving.com

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<b>Oklahoma City</b> 3rd Wednesday 1:00PM to 2:00PM	Baptist Village of OKC 9700 Mashburn Blvd Oklahoma City, OK 73162	Herb Magley (405) 531-1030 hmagley@cox.net
<b>Norman Central</b> 3rd Wednesday 11:30AM to 1:00PM	McFarlin UMC 419 S University Blvd Norman, OK 73069	Kathy Hairston (405) 321-3484 khairston@mcfarlinumc.org
<b>Enid</b> 3rd Wednesday 2:00PM to 3:00PM	The Strate Center at Autry Technology Center 2020 Willow Run St Enid, OK 73703	Twila Doucet (580) 234-7475 tdoucet@ltcaenid.org
<b>Location and Schedule</b>	<b>Address</b>	<b>Facilitator(s)</b>
<b>Thursdays</b>		
<b>Yukon</b> 1st Thursday 1:30PM to 2:30PM	Together We Church 620 Cemetery Rd, Room 3 Yukon, OK 73099	Lisa Ritchey (405) 496-4189 lisa@scrs-ok.com
<b>Oklahoma City</b> 1st and 3rd Thursday 1:00PM to 2:00PM	Epworth Villa 14901 N Pennsylvania Ave Oklahoma City, OK 73134	Rev. Larry Becker (405) 808-6689 lgb15704@gmail.com
<b>Virtual</b> <b>Men's Caregiver Group</b> 2nd Thursday 12:00PM to 1:00PM	Virtual Support Group Contact Facilitator for Zoom information	Ron Eppes (301) 861-0632 ext. 700 roneppes@msn.com
<b>Tulsa</b> 2nd and 4th Thursday 1:00PM to 3:00PM	Asbury Methodist Church 6767 S Mingo Tulsa OK 74133	Peggy Marsh (918) 232-4906   peggymarsh0@gmail.com Co-Facilitator: Asa & Suzanne Adamson aadamson49@gmail.com
<b>Tulsa - Early Stage Encounter (PLWD)</b> 2nd Thursday 1:00PM to 2:30PM	Asbury Methodist Church 6767 S Mingo, Room 1507 Tulsa OK 74133	Imane Rose (918) 902-2523   i.rose@purviewlife.com
<b>Tulsa</b> 4th Thursday at 4:30 PM	Monterea 6800 S Granite, Tulsa OK 74136	Kim Calabrese, kcalabrese@monterea.net Dr. Malcom Stewart, stewart4765@sbcglobal.net
<b>Yukon South Hybrid</b> 2nd and 4th Thursday 6:00PM to 7:00PM	South Yukon Church of Christ 11700 NW 10th St Yukon, OK 73099 OR Contact Facilitator for Zoom Info	Kevin Statham (405) 826-4997 kstatham@cox.net Co-facilitator: Herb Magley
<b>Edmond</b> 3rd Thursday 3:00 PM to 4:30 PM	Memorial Road Church of Christ 2221 E Memorial Rd Edmond, OK 73013	Denise Hawkins (405) 659-6633 dh.mediamatch@cox.net
<b>Virtual</b> 3rd Thursday	Virtual Support Group Contact Facilitator for Zoom	Jessica Arreola (316) 299-1235

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6:00 PM to 7:00 PM	information	jessica@dlocok.org
<b>Midwest City</b> 4th Thursday 6:00 PM to 7:00 PM	First Christian Church Midwest City 11950 E Reno Ave Midwest City, OK 73130	Vernelia McKnight (405) 309-9708 sharetheteawithv@gmail.com
<b>Fridays</b>		
<b>Oklahoma City</b> <b>For 2SLGBTQIA+ Caregivers</b> 3rd Friday 1:00PM to 2:00PM	Diversity Family Health 1211 N Shartel Ave STE 300 Oklahoma City, OK 73103	Christopher Anderson christopher-m-anderson@ouhsc.edu
<b>Location and Schedule</b>	<b>Address</b>	<b>Facilitator(s)</b>
<b>Saturdays</b>		
<b>Guthrie</b> 2nd and 4th Saturday 9:00 AM to 11:00 AM	Community Church 512 E Seward Rd Guthrie, OK 73044	Susan Swart (405) 361-2121 susan@communitychurch.tv
<b>Sundays</b>		
<b>Edmond Hybrid</b> 1st and 3rd Sunday 4:00 PM to 5:30 PM	First Christian Church 201 E 2nd St Edmond, OK 73034 OR Contact the Facilitator for Zoom Info	Herb Magley (405) 531-1030 hmagley@cox.net
<b>Tulsa</b> 3rd Sunday 1:30 PM-3:00 PM	All Souls Unitarian Church 2952 S Peoria Tulsa, Ok 74114 Thoreau Lounge	Pastor Randy Lewis rlewis@allsoulschurch.org Co-Facilitator: Courtney Ivy courtney@nextlevelsenior.com

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