

Support Group Listings

Northern Arizona



IN PERSON SUPPORT GROUPS

Bullhead City

Senior Circle Building
2728 Silver Creek Road

 **2nd & 4th Monday | 12:00 p.m.**

Cottonwood

Cottonwood Public Library
100 S. 6th Street

 **Every Wednesday | 1:00 p.m.**

Eager

Round Valley Public Library
179 S. Main Street

 **3rd Tuesday | 1:00 p.m.**

Kingman

The Lingenfelter Center
Meeting in the Chapel
1099 Sunrise Avenue

 **1st & 3rd Wednesday | 10:00 a.m.**

Peach Springs

Hwalby Tribe Support Group
Elder Center Hualapai Senior Center
587 Canyon View Drive
Contact Barbara Tinhorn at barbaratinhorn@yahoo.com

 **2nd Wednesday | 5:15 p.m.**

Prescott

Prescott United Methodist Church
505 W. Gurley Street

 **1st & 3rd Monday | 10:00 a.m.**

Prescott Valley

Prescott Valley Public Library
7401 E. Skoog Boulevard

 **2nd & 4th Monday | 10:00 a.m.**

Pronghorn Ranch*

7051 N Antelope Meadows Drive

 **1st & 3rd Monday | 10:00 a.m.**

*Begins January 20, 2025

Show Low

Solterra Senior Living
5408 Arizona Highway 260

 **2nd Wednesday | 1:00 p.m.**

For more information or to register:
1.800.272.3900 or 928-532-4600 x103

St. John's

St. Johns Public Library
35 South 3rd West PO Box 766

 **2nd Wednesday | 1:00 p.m.**

For more info or to register: Jaymie Lewis-Smith 928.337.4923

GRUPO DE APOYO EN ESPAÑOL

Alzheimer's Association

Número de Teléfono: 1-650-466-6070

ID: 212 886 453#

 **El Tercer Miércoles del Mes | 10:00 a.m.**

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EARLY STAGE SUPPORT GROUP

Prescott Valley Public Library
7401 E. Skoog Blvd



2nd & 4th Wednesdays | 10:00-11:30 a.m.

**For more information: Please contact 24/7 Helpline 1.800.272.3900

VIRTUAL/HYBRID SUPPORT GROUPS

Flagstaff**

Sugar & Spice In-Home Care
2708 N 4th St Ste C-1



2nd & 4th Tuesday | 10:00 a.m.

** NOTE: This group intended for those living in Flagstaff area

Northern Arizona Caregivers

Phone: 1-888-788-0099
Meeting ID: 912 0426 3365#
Passcode: 907656#



1st & 3rd Thursday | 10:00 a.m.

ADULT CHILDREN CAREGIVERS GROUP - VIRTUAL

Virtual Support Group**



1st & 3rd Tuesday | 5:00 p.m.

This support group is designed specifically for adult children who are caregivers to parents or family members living with Alzheimer's disease and related dementias. Goals of the caregiving strategies and coping tools - Offer education on dementia progression and care planning -Create a space of empathy, understanding, and connection.