

ALZHEIMER'S PROGRAM EDUCATION

Presented by the Alzheimer's Association®



APRIL 2026



VIRTUAL PROGRAMS VIA ZOOM

New Advances in Alzheimer's Treatments Learn about new advancements in Alzheimer's treatments. This program will provide an overview of how disease modifying treatments slow disease progression, who are the intended candidates to receive treatments, availability & more.

April 9 11AM-12PM | April 14 6-7PM

Understanding Alzheimer's and Dementia Alzheimer's disease is not a normal part of aging. Learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources. April 15 | 6-7PM

Building Brain-Healthy Habits Now is the time to build healthy habits. Learn how you can take positive steps to help you live better now and protect your memory and thinking as you get older. April 23 | 6-7PM PST

Communicating Effectively As people living with dementia progress in their journey and lose the ability to use words, caregivers can discover new ways to communicate effectively in any stage of the disease. Learn how dementia affects communication, how person-centered approaches can improve communication and much more. April 28 | 6-7PM

Understanding Dementia Behaviors People living with dementia may exhibit behaviors as a way to communicate their needs and feelings as the disease progresses. Learn how dementia can change a person's behavior, possible triggers and person-centered care approaches to address behaviors. April 30 | 6-7PM PST

IN PERSON

Tuesday, April 21 | 10:30AM | Sungarden Terrace
2045 Skyline Dr., Lemon Grove, 91945

The Empowered Caregiver Series: Part 1

Building a Foundation of Caregiving -This program explores the role of caregiver and changes they may experience, building a support team and managing caregiver stress.

TO REGISTER FOR ANY OF THESE PROGRAMS:
CLICK THE DATE, SCAN THE QR CODE ABOVE OR CALL 800.272.3900 | 24/7

ALZHEIMER'S INFORMATION & RESOURCES

Presented by the Alzheimer's Association®



APRIL 2026



San Diego / Imperial Chapter

SAN DIEGO/IMPERIAL VOLUNTEER MIXER

Join us and get involved!

CONNECT * ENGAGE * VOLUNTEER



RSVP to rturman@alz.org

Attend our Volunteer Recruitment Mixer and discover how you can get involved with our Care & Support team by becoming a Community Educator, Community Representative, Support Group Facilitator or Tech Assistant. Connect with staff and fellow volunteers and learn how you can help create a deeper impact for our mission!

APRIL 22, 10:30AM-12PM

Alzheimer's Association Office
591 Camino de la Reina, Ste. 720 | San Diego, 92108