



dementia caregiving in Maryland

DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

Nearly 1 in 4 caregivers in Maryland (24.8%) is providing care to an individual with Alzheimer's or other form of dementia.

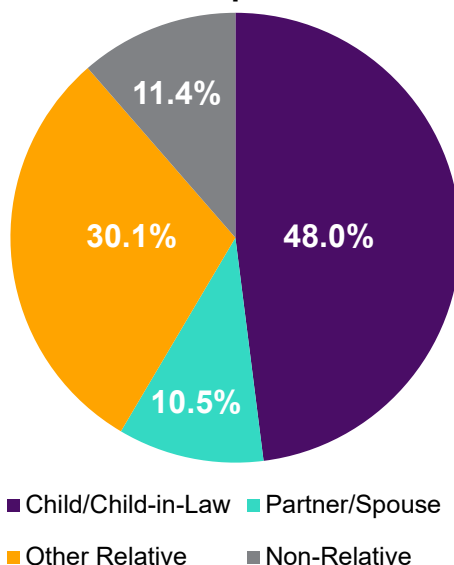
Who are dementia caregivers?

Female	63.0%
Male	37.0%
Also caring for a child	29.0%

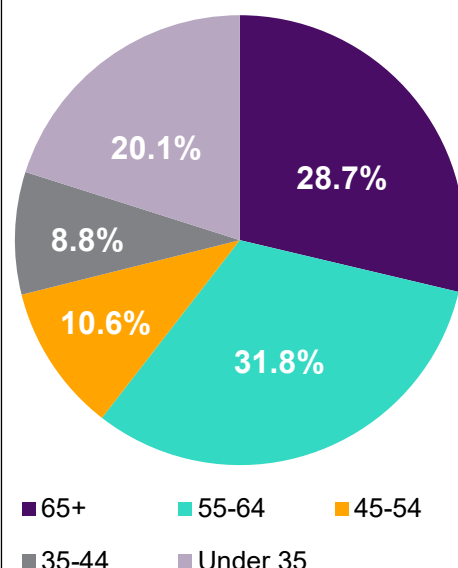
Health Effects

In frequent poor physical health	22.9%
In frequent poor mental health	18.2%
History of depression	28.1%
Current Smokers	13.6%

Relationship to Care Recipient

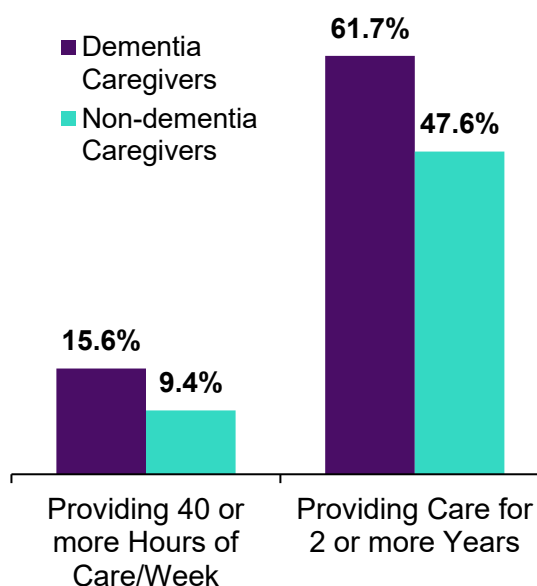


Age

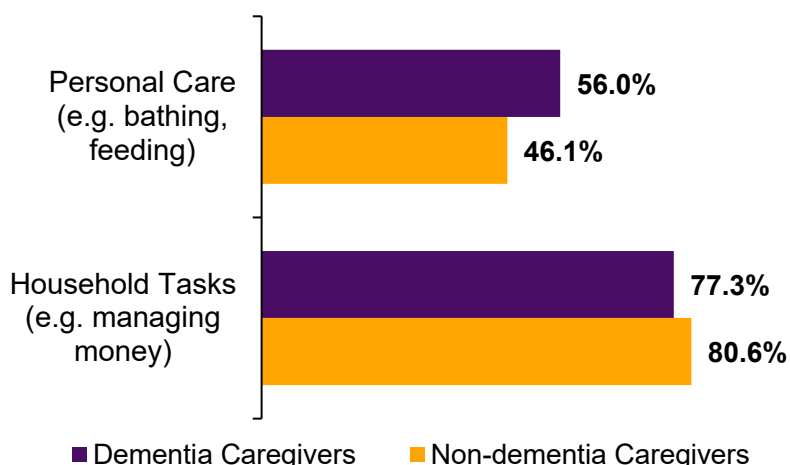


What does dementia caregiving entail?

Length of Care



Type of Assistance Provided



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