

SUN	MON	TUE	WED	THU	FRI	SAT
1 Connect with people living with dementia and their caregivers to share answers, opinions, ideas and support at ALZConnected.org	2 Support Group at St. Martins Episcopal Church: The Hope & Healing @ 3:00 PM	3 <u>Virtual Men's Caregiver Support Group @ 1:30 PM</u> - Support Group at Brookdale Cypress Station @ 4:30 PM - <u>Support Group at Good Shepherd United Methodist @ 7:00 PM</u>	4	5 <u>Support Group at First United Methodist Church Conroe @ 9:30 AM</u> - <u>Support Group at N. Montgomery County Community Center @ 11:30 AM</u> - <u>Virtual Caregiver Support Group @ 5:30 PM</u> <u>Caregiver Support Group at St. Johns UMC @ 7:00 PM</u>	6 <u>Building Foundations of Caregiving at Brazoria County's Caregiver Conference @ 11:00 AM</u> - <u>Support Group at First Christian Church in Alvin @ Noon</u>	7
8 Get the tools you need to tackle dementia at training.alz.org	9 Looking Together - Early Stage Social Engagement @ 11:00 AM Call 800-272-3900 for more information, pre-screening & registration.	10 <u>10 Warning Signs at Houston Public Library @ 11:00 AM</u> - <u>Caregiver Support Group FUMC - Missouri City @ 11:00 AM</u> - <u>Amazing Place Caregiver Support Group @ Noon</u> - <u>Exploring Care & Support Services: VA Virtual Caregiver Education Session @ Noon</u> <u>Houston Younger Onset Support Group @ 6:00 PM</u>	11 <u>Caregiver Support Group at Memorial Drive United Methodist Church @ 1:00 PM</u>	12 <u>Understanding Alzheimer's & Dementia at Chinese Baptist Church @ 11:00 AM</u> <u>Dementia Conversations at Delaney at Parkway Lakes @ 6:00 PM</u> <u>Caregiver Support Group at The Waterford at Baytown @ 6:30 PM</u>	13 <u>Hybrid Caregiver Connection Support Group - Galveston @ Noon</u>	14 <u>Healthy Living at University Branch Library - Fort Bend @ 2:00 PM</u>
15 Join a <u>Walk to End Alzheimer's</u> planning committee and help your community raise funds and awareness for Alzheimer's disease. Contact alztexwalk@alz.org to learn more!	16 <u>Support Group at St. Martins Episcopal Church: The Hope & Healing @ 3:00 PM</u>	17 <u>The 10 Warning Signs at the A&M Church of Christ @ 10:00 AM</u> <u>Men's Caregiver Support Group at St. Luke's UMC @ 1:30 PM</u> - <u>Virtual Caregiver Support Group - The Woodlands @ 7:00 PM</u>	18 <u>League City Caregiver Support Group @ 2:00 PM</u> - <u>Understanding Alzheimer's & Dementia at The Abbey at Westminster Plaza @ 3:00 PM</u> <u>Building Foundations of Caregiving at Brookdale The Heights @ 6:00 PM</u>	19 <u>Virtual Early Stage Support Group @ 10:00 AM</u> - <u>Support Group at R.C. Miller Library Beaumont @ 1:30 PM</u>	20 HYBRID CAREGIVER SYMPOSIUM COURAGE TO CARE <u>at St. Dominic Chancery or Virtual via Zoom @ 9:00 AM</u>	21 THE LONGEST DAY ALZHEIMER'S ASSOCIATION Do what you love for the people that you love alz.org/tld - <u>Support Group at Wheeler Avenue Baptist Church @ 10:00 AM</u>
22 Create a personal plan to navigate Alzheimer's disease at alznavigator.org	23 <u>Supporting Independence with WHAM & AARP Houston @ 11:00 AM</u>	24 <u>Understanding Alzheimer's & Dementia at Centerwell Jacinto City @ 10:00 AM</u> <u>Caregiver Support Group First United Methodist Church - Missouri City @ 11:00 AM</u> <u>Hybrid Spanish Support Group at Memorial Drive Presbyterian Church @ 7:00 PM</u>	25	26 <u>10 Warning Signs at CenterWell Gulfgate @ 10:00 AM</u> - <u>Managing Money at Houston Public Library @ 11:00 AM</u>	27 <u>Virtual Caregiver Connection Support Group - Galveston @ Noon</u>	28
29 Interested in getting more involved? Let us know at bit.ly/alz-vol	30	1 <u>Virtual Men's Caregiver Support Group @ 1:30 PM</u> - Support Group at Brookdale Cypress Station @ 4:30 PM - Support Group at Good Shepherd United Methodist @ 7:00 PM	2	3 <u>Support Group at First United Methodist Church Conroe @ 9:30 AM</u> - <u>Support Group at N. Montgomery County Community Center @ 11:30 AM</u> - <u>Virtual Caregiver Support Group @ 5:30 PM</u> <u>Caregiver Support Group at St. Johns UMC @ 7:00 PM</u>	Join us June 20 th for the Hybrid CAREGIVER SYMPOSIUM COURAGE TO CARE bit.ly/CARES620 	