

SUPPORT GROUPS

SOUTHEASTERN VIRGINIA CHAPTER

Support groups provide a place for friends and family to share valuable information, caregiving tips and concerns throughout their Alzheimer's journey. Please note that some groups meet in person and some are held virtually. Unless noted, registration is recommended. **To register and receive login information for the virtual meetings, please call our 24/7 Helpline at 800.272.3900.**

Chesapeake

4th Monday | 1-2 p.m.
Chesapeake Lifestyle Center
800 N. Battlefield Blvd.
Chesapeake VA 23320

Farmville

1st Wednesday | 2-3 p.m.
St. John's Lutheran Church
1301 Milnwood Rd.
Farmville VA 23901

Hampton

Every other month on the 3rd
Saturday | 11 a.m.-12:30 p.m.
(Jan, March, May, July,
September, November)
Sixth Mount Zion
Baptist Temple
3100 Butternut Dr.
Hampton VA 23666

Newport News

1st Wednesday | 7-8 p.m.
Orcutt Baptist Church
653 Baxter Ln.
Newport News VA 23602

2nd Wednesday | 1-2 p.m.
Peninsula Agency on Aging
739 Thimble Shoals Blvd.
Newport News VA 23606

Norfolk

2nd Thursday | 1-2 p.m.
Jordan-Newby Anchor
Branch Library
1425 Norchester Ave
Norfolk VA 23504

2nd Saturday | 10-11 a.m.
Grace Episcopal Church
1400 E. Brambleton Ave.
Norfolk VA 23504

Portsmouth

1st Thursday | 1-2 p.m.
Third Baptist Church
461 Godwin St.
Portsmouth VA 23704

Suffolk

1st Tuesday | 1-2 p.m.
Lake Prince Woods
100 Anna Goode Way
Suffolk Virginia 23434

Virginia Beach

3rd Monday | 12-1:30 p.m.
Our Lady of Perpetual Help
4560 Princess Anne Rd.
Virginia Beach VA 23462
*Registration required,
call 757.495.4211*

Williamsburg

1st Wednesday | 1-2 p.m.
Peninsula Agency on Aging
4551 John Tyler Hwy, Ste 101

Williamsburg VA 23185
*Registration required,
call 757.345.6277*

Virtual Meetings

3rd Friday | 3-4 p.m.
Smithfield
*Registration required,
call 800.272.3900*

2nd Thursday | 11-12 p.m.
Williamsburg
*Registration required,
call 800.272.3900*

Filipino Support Group

Every other month on the 4th
Saturday | 3-4 p.m.
(February, April, June, August,
October, December)
Philippine Cultural Center of VA
4857 Baxter Rd.
Virginia Beach VA 23462
*Registration required,
call 800.272.3900*