IN-PERSON SUPPORT GROUPS

Presented by the Alzheimer's Association **REGISTER: 1-800-272-3900**





VENTURA COUNTY

Every Friday, 10:30AM-12PM
Senior Concerns
401 Hodencamp Road, Thousand Oaks 91362

1st & 3rd Tuesdays, 5:30-7PM
Aegis of Ventura
4964 Telephone Road, Ventura 93003

1st & 3rd Tuesdays, 2-3PM
2nd & 4th Tuesdays, 6:30-7:30pm
Covenant of Grace Church
1801 Joliet Place, Oxnard 93030

1st & 3rd Thursdays, 10:30-12PM
Simi Valley Senior Center
3900 Avenida Simi, Simi Valley 93063

1st & 3rd Fridays, 9:30-11:00AM
Goebel Adult Community Center
1385 E Janss Road, Thousand Oaks

1st & 3rd Mondays, 1-2:30PM
LGBT+ Caregiver
Goebel Adult Community Center
1385 E Janss Road, Thousand Oaks

1st & 3rd Wednesdays, 1-2:30PM
Blanchard Community Library
119 N 8th Street, Santa Paula 93060

2nd Saturdays, 10-11:30AM
The Ridge at Westlake Village
31200 Cedar Valley Drive, Westlake Village 91362

2nd & 4th Saturdays, 10-11:30AM
Sunrise of Westlake Village
3101 Townsgate Road,Thousand Oaks 91362

1st & 3rd Wednesdays, 9:30-11AM
Cypress Place
1200 Cypress Point Lane, Ventura 93003

2nd & 4th Mondays, 10-11:30AM
Gables of Ojai
701 Montgomery Street, Ojai 93023

2nd & 4th Fridays, 11AM-12:30PM
Oakmont of Camarillo
305 Davenport St, Camarillo 93012

MONTHLY ONLINE SUPPORT GROUPS

2nd Fridays, 2:30-4PM
In partnership w/ CCRC

Every Wednesdays, 2:30-4PM
In partnership w/ Senior Concerns

1st & 3rd Thursday, 2:30-3:30PM

MONTHLY GROUPS FOR ADULT CHILD CAREGIVERS

1st & 3rd Thursdays, 9:30-11AM
In partnership w/ Senior Concerns

MONTHLY GROUPS FOR THOSE WITH MEMORY LOSS & CARE PARTNERS

1st, 2nd & 3rd Thursdays
1-2:00pm for Persons with Dementia: Dr. Joe I.
1-2:00pm for Caregivers: Debbie S.
2-3:00pm for Persons with Dementia: Dr. Joe I.

MONTHLY GROUPS FOR THOSE WHO HAVE LOST A LOVED ONE TO DEMENTIA

1st Mondays, 6-7PM

GRUPO DE APOYO EN ESPAÑOL

2nd y 4th Sábados, 10:00-11:30AM