



cognitive decline in Delaware

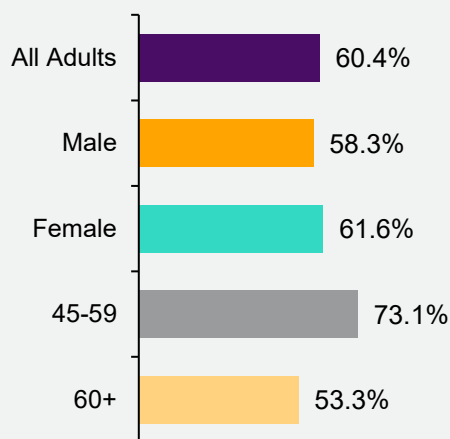
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Delaware, 11.6% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD...

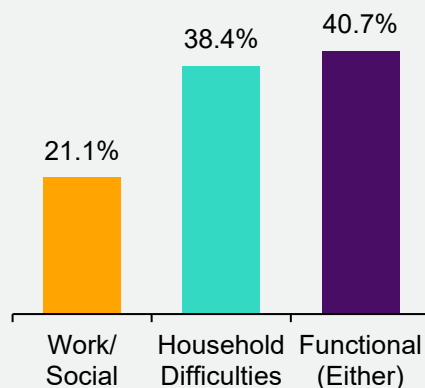
60.4% are worried about it.

Percentage with SCD who are worried



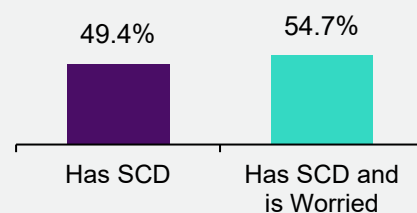
40.7% say it causes difficulties.

Percentage with SCD who have limitations

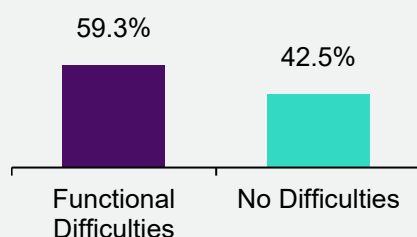


Only 49.4% have talked to a health professional about it.

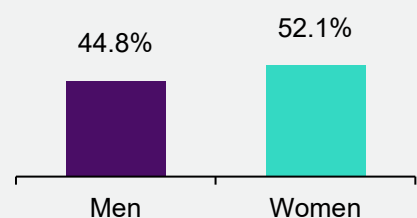
Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

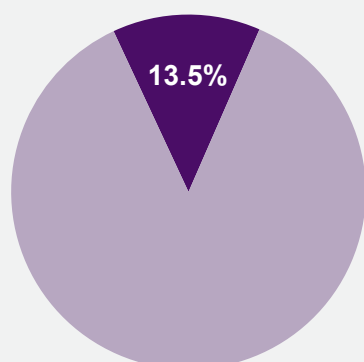


Women are more likely to discuss their SCD with a health care provider compared with men. . .



13.5% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	13.6%
Male	9.3%
60 and older	11.6%
<High School	n/a
High School	13.3%
Some College	13.9%
College Grad	8.3%
Income <\$15,000	20.1%
\$15,000 - \$24,999	15.8%
\$25,000 - \$49,999	10.7%
\$50,000 - \$74,999	11.6%
\$75,000 or more	9.4%
Veteran	14.4%
Fair/Poor Health	23.1%