

# IN-PERSON SUPPORT GROUPS

Presented by the Alzheimer's Association

REGISTER: 1-800-272-3900



## VENTURA COUNTY

### 1st & 3rd Fridays, 10-11:30AM

Senior Concerns  
401 Hodencamp Road, Thousand Oaks 91362

### 1st & 3rd Tuesdays, 5:30-7PM

Aegis of Ventura  
4964 Telephone Road, Ventura 93003

### 1st & 3rd Tuesdays, 2-3PM

2nd & 4th Tuesdays, 6:30-7:30pm  
Covenant of Grace Church  
1801 Joliet Place, Oxnard 93030

### 1st & 3rd Thursdays, 10:30-12PM

Simi Valley Senior Center  
3900 Avenida Simi, Simi Valley 93063

### 1st & 3rd Fridays, 9:30-11:00AM

Goebel Adult Community Center  
1385 E Janss Road, Thousand Oaks

### 1st & 3rd Mondays, 1-2:30PM

LGBT+ Caregiver  
Goebel Adult Community Center  
1385 E Janss Road, Thousand Oaks

### 1st & 3rd Wednesdays, 1-2:30PM

Rancho Santa Paula  
500 W Santa Maria Street, Santa Paula 93060

### 2nd Saturdays, 10-11:30AM

The Ridge at Westlake Village  
31200 Cedar Valley Drive, Westlake Village 91362

### 2nd & 4th Saturdays, 10-11:30AM

Sunrise of Westlake Village  
3101 Townsgate Road, Thousand Oaks 91362

### 2nd & 4th Wednesdays, 9:30-11AM

Cypress Place  
1200 Cypress Point Lane, Ventura 93003

### 2nd & 4th Mondays, 10-11:30AM

Gables of Ojai  
701 Montgomery Street, Ojai 93023

### 2nd & 4th Fridays, 11AM-12:30PM

Oakmont of Camarillo  
305 Davenport St, Camarillo 93012

## MONTHLY ONLINE SUPPORT GROUPS

### 2nd Fridays, 2:30-4PM

In partnership w/ CCRC

### Every Wednesdays, 2:30-4PM

In partnership w/ Senior Concerns

### 2nd & 4th Fridays, 10-11:30AM

In partnership w/ Senior Concerns

## MONTHLY GROUPS FOR

### ADULT CHILD CAREGIVERS

### 1st & 3rd Thursdays, 9:30-11AM

In partnership w/ Senior Concerns

## MONTHLY GROUPS FOR THOSE WITH MEMORY LOSS & CARE PARTNERS

### 1st, 2nd & 3rd Thursdays

1-2:00pm for Persons with Dementia: Dr. Joe I.  
1-2:00pm for Caregivers: Debbie S.  
2-3:00pm for Persons with Dementia: Dr. Joe I.

## MONTHLY GROUPS FOR THOSE WHO HAVE LOST A LOVED ONE TO DEMENTIA

### 1st Mondays, 6-7PM

## GRUPO DE APOYO EN ESPAÑOL

### 2nd y 4th Sábados, 10:00-11:30AM