

ALZHEIMER'S PROGRAM EDUCATION

Presented by the Alzheimer's Association®



OCTOBER 2026



VIA ZOOM

NEW ADVANCES IN ALZHEIMER'S TREATMENTS

OCTOBER 6 AND OCTOBER 27 | 6-7PM PST

BUILDING BRAIN HEALTHY HABITS

OCTOBER 13 | 6-7PM PST

MANAGING MONEY: A CAREGIVER'S GUIDE TO FINANCES

OCTOBER 20 | 6-7PM PST

IN PERSON

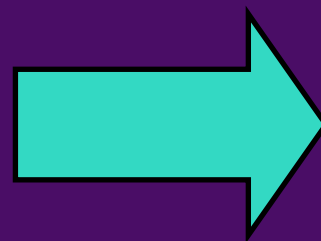
BUILDING BRAIN HEALTHY HABITS

OCTOBER 28 | 10-11AM

GROSSMONT HEALTHCARE DISTRICT'S HEALTH & WELLNESS LIBRARY
9001 WAKARUSA ST.
LA MESA, 91942

TO REGISTER FOR ANY
OF THESE PROGRAMS:
CLICK THE PROGRAM
DATE, SCAN THE QR
CODE ABOVE OR CALL
800.272.3900 24/7

 **ALZHEIMER'S
ASSOCIATION**
San Diego / Imperial Chapter



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WOULD YOU LIKE TO BRING
ALZHEIMER'S AWARENESS TO YOUR
COMMUNITY?

*BECOME A VOLUNTEER
COMMUNITY EDUCATOR*

BILINGUAL ENGLISH/SPANISH IN
HIGH DEMAND!

[https://volunteer.alz.org/
volunteeropportunities/volunteer-
opportunity-details/comm-ed-detail](https://volunteer.alz.org/volunteeropportunities/volunteer-opportunity-details/comm-ed-detail)



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[https://volunteer.alz.org/
volunteeropportunities/opportunities-list-
public149648/comm-rep-detail](https://volunteer.alz.org/volunteeropportunities/opportunities-list-public149648/comm-rep-detail)



**DO WHAT YOU
LOVE TO END ALZ**

ALZHEIMER'S ASSOCIATION®

This event was formerly
called The Longest Day®.

GET STARTED

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