



dementia caregiving in New York

ALZHEIMER'S ASSOCIATION®

DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

1 in 5 caregivers in New York (20.8%) is providing care to an individual with Alzheimer's or other form of dementia.

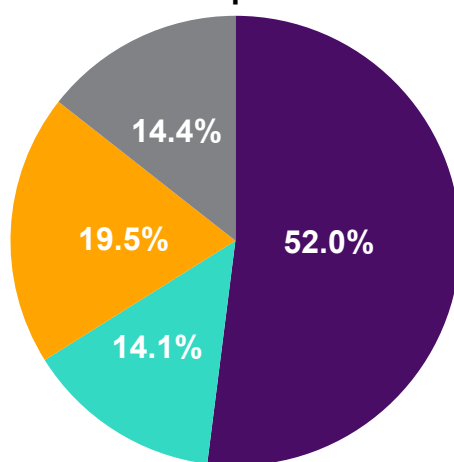
Who are dementia caregivers?

Female	62.9%
Male	37.1%
Also caring for a child	28.1%

Health Effects

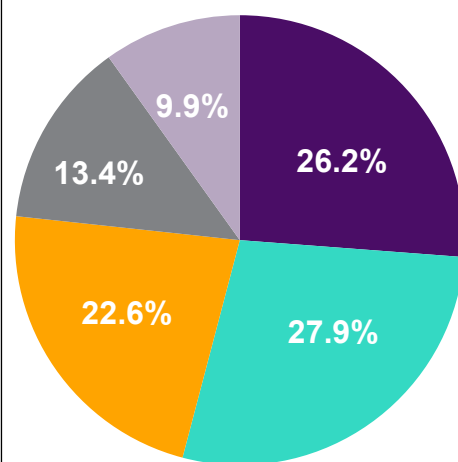
In frequent poor physical health	31.7%
In frequent poor mental health	23.4%
History of depression	27.3%
Current Smokers	10.0%

Relationship to Care Recipient



■ Child/Child-in-Law ■ Partner/Spouse
■ Other Relative ■ Non-Relative

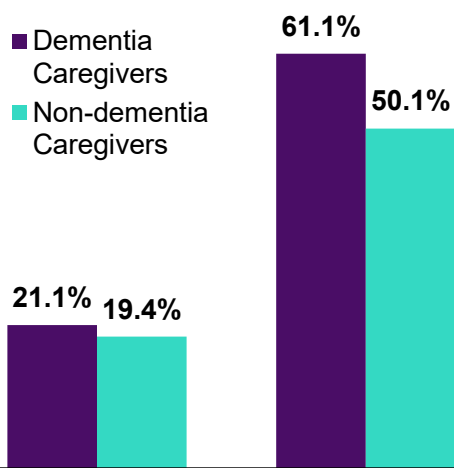
Age



■ 65+ ■ 55-64 ■ 45-54
■ 35-44 ■ Under 35

What does dementia caregiving entail?

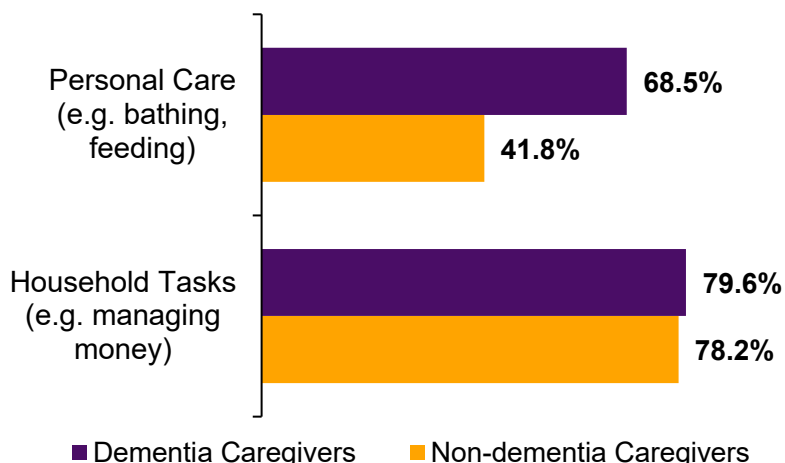
Length of Care



Providing 40 or more Hours of Care/Week

Providing Care for 2 or more Years

Type of Assistance Provided



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