



ALZHEIMER'S  ASSOCIATION®

SUPPORT GROUPS VIRTUAL AND IN-PERSON

GREATER RICHMOND CHAPTER

Support groups provide a place for friends and family to share valuable information, caregiving tips and concerns throughout the Alzheimer's journey. For the safety of our constituents, volunteers and staff, many support groups are being held virtually. You must call or email the facilitator prior to the meeting you wish to attend to obtain login information. THANK YOU!

VIRTUAL MEETINGS

TO JOIN A VIRTUAL MEETING,
CLICK ON THE ZOOM LINK, JOIN BY PHONE
OR CALL 800.272.3900.

1st Tuesday | 12 p.m.

UVA Memory and Aging Clinic
Hosted by: Jessica

3rd Tuesday, 7 p.m.

Virtual Caregiver Support Group
Hosted by Merle, Greg, & Erin
Join Zoom meeting [HERE](#)
Join audio Zoom by phone: 833.548.0282
Meeting ID 925 1018 2175
Passcode: 017184

1st Thursday | 6 p.m.

East Henrico - Good Shepherd Baptist Church
Hosted by Wanda
Join by phone ONLY:
Call 312.874.7636
Conference ID # 07993

3rd Thursday | 2 p.m.

Frontotemporal Degeneration (FTD)
Caregiver Support Group
Call 800.272.3900 to register and
receive login info
Hosted by Missy

IN-PERSON SUPPORT GROUPS

TO REGISTER FOR AN IN-PERSON SUPPORT
GROUP, CALL 800.272.3900.

GROUPS FOR CAREGIVERS

1st Mondays | 10 a.m.

Markel Plaza
4600 Cox Road, Glen Allen
Hosted by Steve

1st Tuesday | 10:30 a.m.

Second Branch Baptist Church
12217 2nd Branch Rd, Chesterfield
Hosted by Edith and Sharon

1st Wednesday | 10-11 a.m.

First Baptist Church Hopewell
401 N. 2nd Street
Hopewell, VA
Facilitator: Melanie

1st Thursday | 3:30-5 p.m.

The Other Additional Dementias (TOAD)

Caregiver Support Group

VCU Short Pump Pavilion
2nd Floor Conference Room
11958 West Broad Street, Henrico
Call the Richmond Chapter at 804.967.2580
for more details.

IN-PERSON SUPPORT GROUPS
TO REGISTER FOR AN IN-PERSON SUPPORT GROUP, CALL 800.272.3900.

2nd Tuesday | 10:30 a.m.

Metropolitan Baptist Church
1021 Halifax St., Petersburg, VA 23803
Hosted by Betty

2nd Wednesday | 9:30 a.m.

Hanover Adult Day Center
7231 Stonewall Pkwy, Mechanicsville
Hosted by Barbara

2nd Wednesday | 10 a.m.

New Life United Methodist Church
900 Old Hundred Rd, Midlothian
Hosted by Bob and Leigh

2nd Thursday | 1 p.m.

Three Chopt Church of Christ
9500 Three Chopt Rd., Richmond
Hosted by Dick and Angie

3rd Monday | 7 p.m.

Mechanicsville - Shady Grove
United Methodist Church
8209 Shady Grove Rd.
Mechanicsville, VA 23111
Hosted by Dave & Beth

3rd Thursday | 6:30 p.m.

Near West End -
Reveille United Methodist Church,
Hosted by Alice & Beth
4200 Cary Street Rd, Richmond, VA 23221

3rd Thursday | 6:30 p.m.

Central Library
7051 Lucy Corr Blvd, Chesterfield
Hosted by Edith and Sharon

Last Tuesdays | 5:30 p.m.

Caregiver Support Group
Heritage Green
7080 Brooks Farm Road
Mechanicsville, VA 23111
Hosted by Shelly

1st Thursday | 3:30-5 p.m.

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**GROUPS FOR THOSE LIVING WITH
ALZHEIMER'S OR DEMENTIA AND THEIR
CAREGIVERS**

2nd Tuesdays | 10 - 11:30 a.m.

- [Huguenot Road Baptist Church](#)
Meetings in January, May and September
- [Chesterfield Baptist Church](#)
Meetings in February, June and October
- [Bensley Community Building](#)
Meetings in March, July and November
- [Stonebridge Recreation Center](#)
Meetings in April, August and December

Memory Café

3rd Thursdays | 10:30 a.m. - Noon

For Persons with Memory Concerns &
Caregivers
VCU Health Hub at 25th
1330 N. 25th St., Suite A
Richmond, VA
Call 800.272.3900 to register.

Joyful Voices

Each Thursday | 10 to 11:30 a.m.

Salisbury Presbyterian Church
13621 W Salisbury Rd.
Midlothian, VA
Call: 804.794.5311, Ext. 128
Email: JoyfulVoicesSherman@gmail.com

2nd Friday | 1 p.m.

**A virtual group for those living with
dementia.**

Hosted by: Karen
Please call 800.272.3900 to be screened,
registered and receive log-in instructions.