



cognitive decline in Nebraska

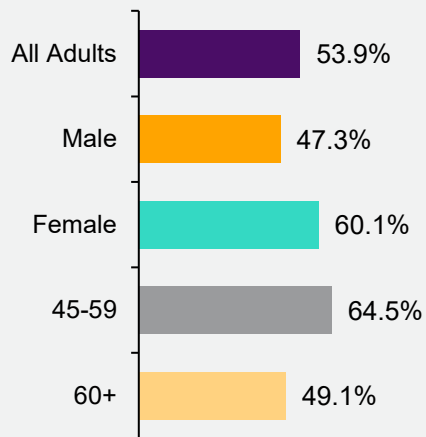
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Nebraska, 12.9% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD...

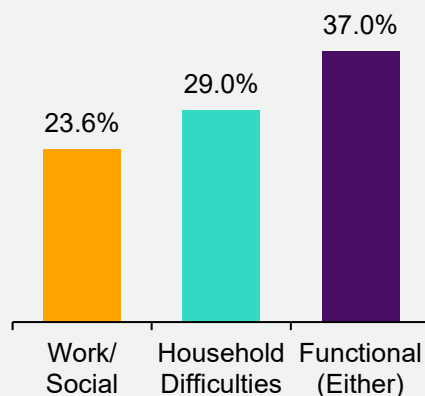
53.9% are worried about it.

Percentage with SCD who are worried



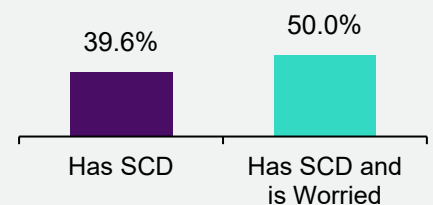
37% say it causes difficulties.

Percentage with SCD who have limitations



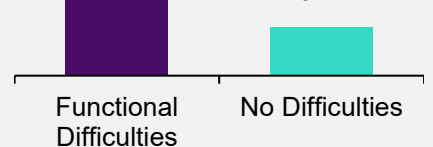
Only 39.6% have talked to a health professional about it.

Percentage who have spoken to a health care provider



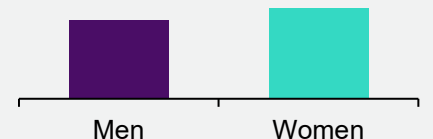
Those who are experiencing functional difficulties are more likely to talk to a provider . . .

Percentage who have spoken to a health care provider



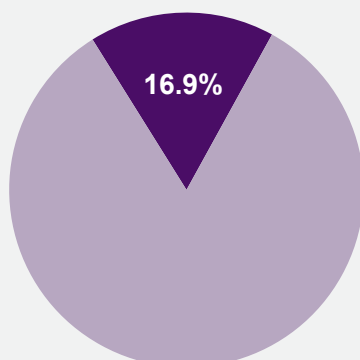
Women are more likely to discuss their SCD with a health care provider compared with men . . .

Percentage who have spoken to a health care provider



16.9% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	12.6%
Male	13.1%
60 and older	14.5%
<High School	15.0%
High School	11.4%
Some College	16.6%
College Grad	9.7%
Income <\$15,000	18.6%
\$15,000 - \$24,999	24.0%
\$25,000 - \$49,999	12.9%
\$50,000 - \$74,999	13.8%
\$75,000 or more	8.7%
Veteran	20.8%
Fair/Poor Health	31.3%