

IN-PERSON SUPPORT GROUPS

Presented by the Alzheimer's Association

REGISTER: 1-800-272-3900



SANTA BARBARA COUNTY

1st Mondays, 11AM-12PM

Dick DeWees Senior Center
1120 W. Ocean Ave, Lompoc

1st & 3rd Tuesdays, 2-3PM

Friendship Center
83 Eucalyptus Lane, Santa Barbara 93108
*Respite available
This meeting is closed to public

1st Tuesday- Support Group

3rd Tuesday-Education, 5-6:30PM

Sutter Health
215 Pesetas Lane, 3RD Floor Conference
Room, Santa Barbara 93110

2nd & 4th Thursdays, 10-11:30AM

Heritage House
5200 Hollister Ave Goleta 93111

2nd & 4th Mondays, 3-4:30PM

San Vicente
340 Old Mill Road, Santa Barbara 93110

2nd Tuesdays, 3-4PM

Maravilla Senior Living
5486 Calle Real, Santa Barbara 93111

2nd & 4th Thursdays, 10:30AM-12PM

Carpinteria Library
5141 Carpinteria Ave, Carpinteria 93013

4th Tuesdays, 3-4PM

Santa Maria Wisdom Center
2255 S. Depot St., Santa Maria 93455

TO REGISTER OR LEARN MORE, PLEASE VISIT:
ALZ.ORG/CRF OR
CALL OUR 24/7 HELPLINE: 800.272.3900.

KERN COUNTY

1st & 3rd Mondays, 12-1:00PM

401 S. Mill St.
Tehachapi, CA 93561

3rd Wednesdays, 1-2:00PM

900 H St.
Bakersfield, CA 93304

MONTHLY ONLINE SUPPORT GROUPS

2nd Friday, 2:30-4PM

In partnership w/ CCRC

Every Wednesday, 2:30-4PM

In partnership w/ Senior Concerns

FOR ADULT CHILD CAREGIVERS

1st & 3rd Thursdays, 9:30-11AM

In partnership w/ Senior Concerns

MONTHLY GROUPS FOR THOSE WITH MEMORY LOSS & CARE PARTNERS

1st, 2nd & 3rd Thursdays

1-2:00pm for Persons with Dementia: Dr. Joe I.
1-2:00pm for Caregivers: Debbie S.
2-3:00pm for Persons with Dementia: Dr. Joe I.

MONTHLY GROUPS FOR THOSE WHO HAVE LOST A LOVED ONE TO DEMENTIA 1st Mondays, 6-7PM

GRUPO DE APOYO EN ESPAÑOL

2nd y 4th Sábados, 10:00-11:30AM

Register with 24/7 Helpline:
800.272.3900