



# cognitive decline in Massachusetts

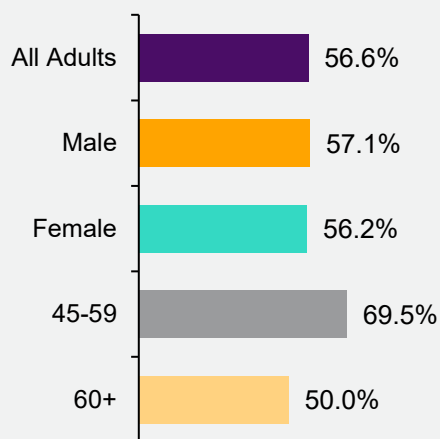
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Massachusetts, 16.6% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

## Among those with SCD...

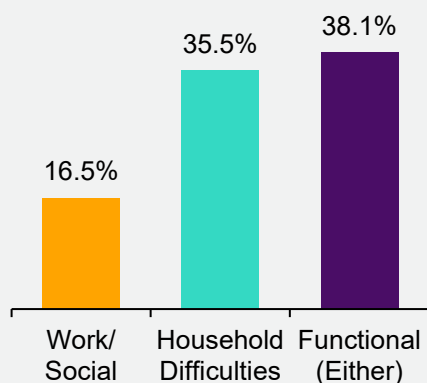
56.6% are worried about it.

Percentage with SCD who are worried



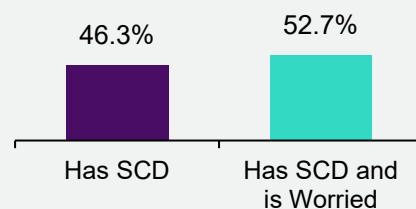
38.1% say it causes difficulties.

Percentage with SCD who have limitations

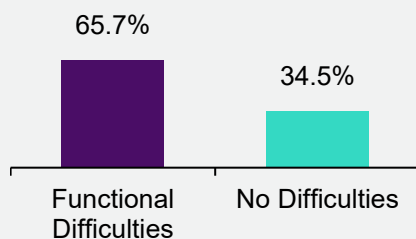


Only 46.3% have talked to a health professional about it.

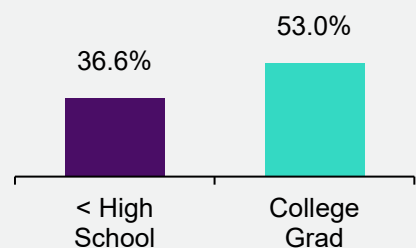
Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

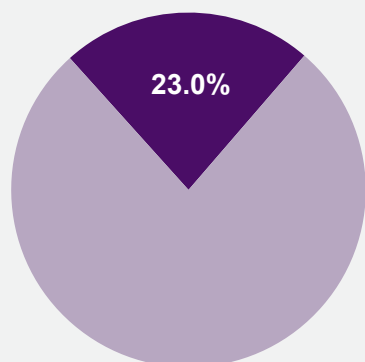


Those without a high school education are least likely to talk to a provider . . .



23% live alone.

Percentage with SCD who live alone



## Percentage with SCD:

Female	18.2%
Male	14.8%
60 and older	17.7%
<High School	34.1%
High School	14.3%
Some College	22.2%
College Grad	11.5%
Income <\$15,000	n/a
\$15,000 - \$24,999	25.3%
\$25,000 - \$49,999	19.8%
\$50,000 - \$74,999	18.5%
\$75,000 or more	10.3%
Veteran	20.4%
Fair/Poor Health	33.3%